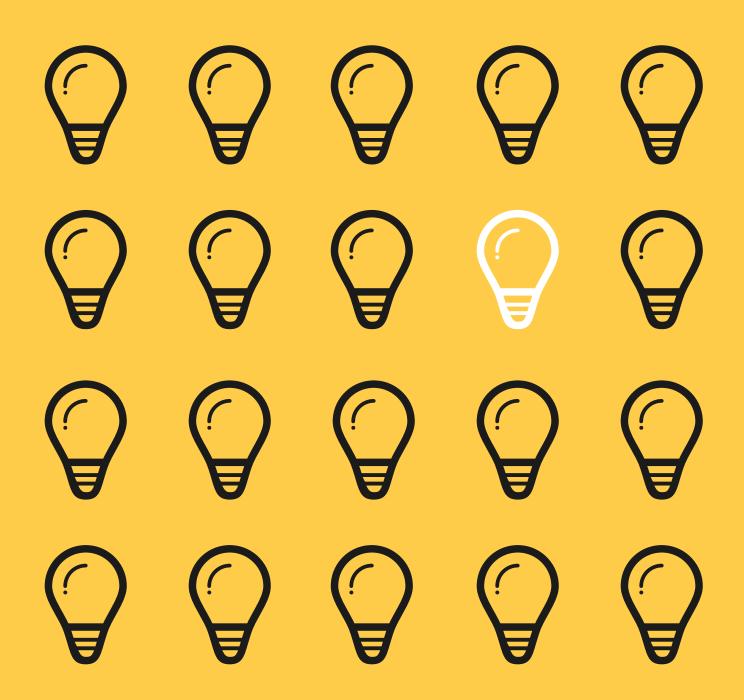


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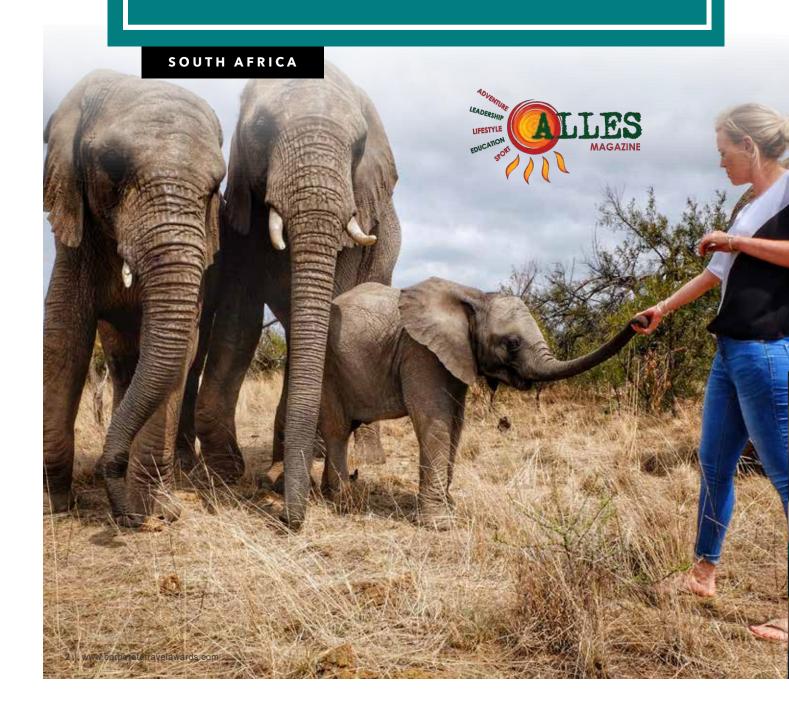
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BEHAVIOUR IS LANGUAGE

By Alan Champins
Photographs Stock Images Canva

I'll never forget an incident in 2018.

I have never felt so helpless in my 15 years of running school camps.

It was only one wasp! It did not even land on him or sting him. It just buzzed around his head. Yet there he stood, an 11-year-old boy, on the path in the forest, with his group around him as he screamed and went hysterical in a way I have never seen before.

Everyone was trying to get him to stop before he hurt himself or someone else in his panicked state. Some of the kids were kind and trying to console him, some nasty and using their words to hurt. I was trying to reason with him... Nothing worked. I have faced many situations on camps before, but this time I felt totally out of my depth.



The teacher's response of "Just leave him, he does this all the time and will eventually calm down" felt foreign to me. Something was not right. It was clear that this boy was having a panic attack and I did not feel comfortable leaving him be. So, another teacher and I moved away and watched 'secretly' from a distance to make sure he never harmed himself or ran off.

It could not be an attention seeking thing as the panic continued even when he thought no one was around. The wasp had long since fled in terror, and he was not even in the area where the was wasp anymore, so the source of the problem was long gone.

It was only several minutes later that he calmed down enough for me to talk to him and for him to follow me the short distance out of the forest and back to the main building where he asked for permission from the teachers to go rest on his bed.

We'd had countless 'difficult' or 'challenging' learners on camps before and, as facilitators we've noticed a marked increase in negative behaviour patterns in recent years with many of the learners we work with.

This incident made me realise that we are missing something and needed to up our game, gain a better understanding of what is going on emotionally in the lives of children and learn new skills to make a positive impact in the short time we have with learners.

My realisation was confirmed over and over as I became more aware of what we were dealing with.

A teacher from a 'good' school said to me:" You know Alan, of the 32 learners in my class this year, only 6 can be considered emotionally healthy. The rest are all on medication, dealing with divorce, dysfunction or a death in the family, many are seeing a counsellor or psychologist!"

There were times we would have learners get angry or cry or refuse to do an activity for no obvious, rational reason. To an untrained eye it looked like defiance.

It was increasingly obvious that in many instances' learners were carrying baggage we knew nothing about and even less how to handle.

So began my journey in to finding out more about Emotional Health and Adverse Behaviour and leaning tools to help us be more effective in our programs. I've researched it, read up on it and in the last year done an online course and put all the camp facilitators through a hands-on workshop on Trauma Informed Care.

What a journey it has been! I'm so glad we have taken the journey.

Lots has changed in the way we run our programs and our perceptions of people and behaviour in the process.

The first perception that changed was shifting from "what is wrong with you" to "what happened to you" and realising that much of what we were seeing was more about unmet needs than exposure to circumstances.

My realisation was confirmed over and over as I became more aware of what we were dealing with.

The second perception to change was realising "behaviour is a language". Sometimes what we were seeing that we thought was bad behaviour was in fact a cry to "See me; make me feel important again!"

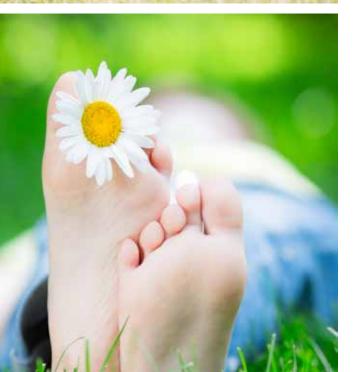
The third perception to change was understanding the development of the brain and the role toxic stresses play in shutting off the reasoning part of the brain (the part that controls our emotions and language) and forcing the brain in to survival mode causing a fight, flight, freeze or fawn response and recognising the associated symptoms.

The fourth perception that needed to change was that if I was going to be a safe space for these learners, (and adults) then I needed to deal with my own trauma and reactions to toxic stresses. My own facial expressions, body language and tone of voice say more to the people around me about me being a safe place than the words I speak. How could I possibly help someone if I too over-react to a situation?

The last perception that required changing was that of discipline, and this was the most challenging. My training tells me to remove a person from the group who is behaving badly and to ask the teachers to handle said person before they cause harm to themselves, others or the equipment. But what if, removing them from the group was the problem? What if creating a better connection with them through the group was the answer? Could I find creative ways of keeping them in the group and not causing harm or damage, whilst still being empathetic and honouring their 'no' to doing the activity? How could I use the power of the relationships and connections in the group to create a safe zone?







Perception of course is not everything. We needed practical tools to be able to make people feel safe and loved without any shame. We needed to learn new skills to help the learner self-regulate so we could bring them out of a survival brain mode and back into an executive functioning mode again. Those tools have been vital.

So how has it benefitted our camp programs?

Most importantly we, as facilitators, have been able to recognise the warning signs of, and thereby prevent emotional and physical harm caused by a hyper aroused/ overstimulated state of mind both in individuals and groups.

We've been able to include people in activities that in the past would never have attempted them and through that seen the most amazing changes because we create a safe space without shame on our activities. It is amazing to see a group gather around and hug their friend who did not want to do an activity when previously they may have been sidelined or rejected for not participating. This in turn has created so many opportunities for said learners to confront their own fears.

Last year, I had the joy of a teacher telling me: "I don't know what you did or how you did it, but Peter had such severe OCD towards dirt that he would not touch anything he thought had germs on it and he definitely would not get dirty. In fact, he carried a bottle of hand sanitiser wherever he went. Somehow, you got him to swing across the mud pit which, was a miracle. Look at him now - he's filthy, he loves the dirt and his OCD is virtually non-existent! You changed his life!"

I never changed his life - I created a place where he was accepted as he was for who he was in his group. His group was so empathetic towards him that he felt safe to confront his greatest fear, and in doing so he started a journey of overcoming that fear! He changed his own life!

It works for groups too! This year we got a group of 60 learners who have all been through severe trauma to sit quietly in solitaire up on the mountain in an environment completely foreign to them. After one of the boys came to the teacher and said: "Mr. Graham, that was amazing, for the first time in my entire life I could hear my own thoughts and listen to my heart!"



Learning about the effects of trauma and how it influences behaviour and gaining tools to work with it has been for me one of the best tools I've gained in all my years of working with people.

The way we run our programs and work with the participants has changed. The way we emphasis community and connection and empathy has changed. The way we have accepted learners who others have already judged and labelled has

The way we look at behaviour has changed.

changed.

The results have been obvious. We've had testimony after testimony from teachers and learners about camp being so much more effective and valuable as a result. We've had feedback both immediately and months later about changed lives. We've been able to give teachers and others practical tools to use in their own classrooms.

I'll leave you with these quotes. I'm sure you will see their relevance to your work:

- * "It only takes one adult to change the trajectory of a child's life."
- * "You can't help someone who you judge."
- * "We are living directly against our biology in the 21st Century we are designed to live work and connect in groups. Teaching independence is the worst thing we can do. We need to teach inter-dependence and co-dependence."
- * "Children don't stop loving their parents they start to believe they are the ones with the problem!"
- * "If the brain develops from the bottom up, we cannot repair it from the top down! We cannot develop maths and literacy etc. by focussing on the executive state of the brain. The ability to choose comes from the top brain. If we want to help people repair their brains and make good choices, we need to make them feel safe and loved first"
- * "Resilience is about the relationships that carry you through adversity and not about the experiences we encounter. We become more resilient when we have people who care for us in a stable, loving relationship."

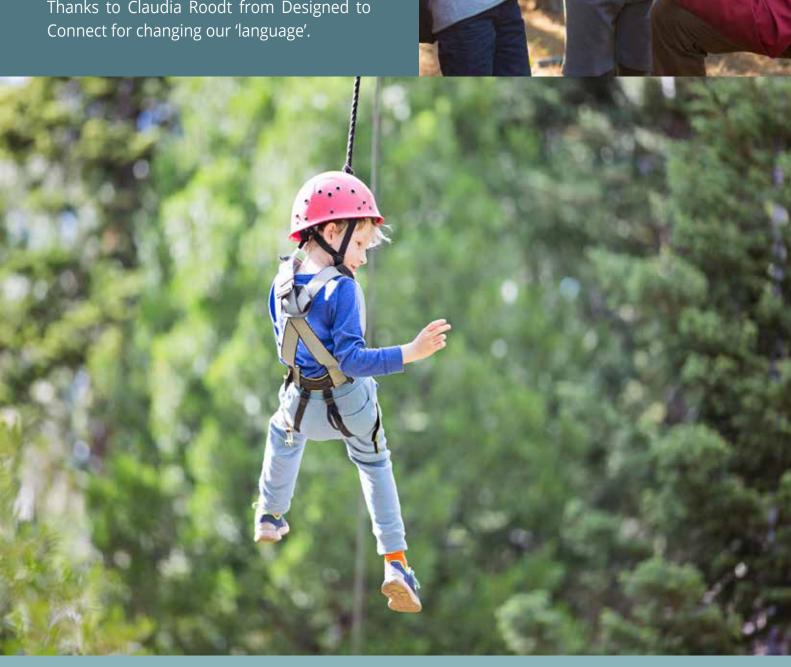
I'm glad to have the tools now to help the boy with the fear of wasps.

I cannot recommend educating yourself and your team about trauma and its effect on adverse behaviours enough. It will make the world of difference to the people participating in your programs.

What does your behaviour, that of your staff and the participants on your programs say to you?

Behaviour is language - listen to what it is saying and speak back with a new language.

Thanks to Claudia Roodt from Designed to







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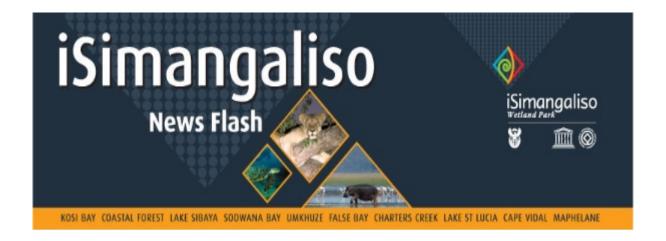
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iSimangaliso's vultures

The sight of a tree filled with vultures is an iconic and somewhat primeval African scene, instantly transporting the viewer to the essence of the continent. Vultures are an essential element in the natural functioning of the ecosystem as the clean-up crew that helps rid the landscape of rotting carcasses, limiting the spread of disease to animals and humans alike. Within the iSimangaliso Wetland Park, the uMkhuze section is the only part of the World Heritage Site that hosts vultures – and as endangered species, their wellbeing is a critical priority for conservation. With a recent surge in mass vulture poisoning incidents in Southern Africa, there has never been a more urgent need to educate and protect.



There are six species of vulture visiting uMkhuze. These are the White-backed, Cape, Lappet-faced, White-headed and the Hooded vulture, with a very occasional sighting of the Palmnut vulture.

The decline in vultures worldwide is well documented and sadly this is also the trend in KwaZulu-Natal. Threats include habitat destruction, food distribution and availability, and incidental or intentional poisoning. This last is frequently the result of misguided beliefs about vulture parts in traditional medicine, or they may be incidentally poisoned by a carcass laid out for jackals or other predators. The end result is the same – a drastic decline in populations.

As with all biodiversity, the goal for vultures is long term viability and resilience to change. Management objectives are therefore aimed at restoring population sizes. In order to do this each vulture species has set objectives that Ezemvelo KZN Wildlife is aiming to achieve over the relatively short term. These are outlined in the Provincial species monitoring documents (Howell and Goodman) and include:

- 1. Restoring and maintaining breeding populations of vultures on state, private and communal land (e.g. in the case of Lappet-faced vultures 20 pairs)
- 2. Achieving a reproductive success of 50% and
- 3. Restricting illegal mortalities.

In order to understand the status of vultures in KZN, annual surveys have been conducted in the province since 2005, but were not standardised until 2013 when Ezemvelo KZN Wildlife developed plans prescribing monitoring standards for the Lappet-faced vulture, White-backed, White-headed and the Bearded vulture (note that this last is not found within in iSimangaliso but rather in the Drakensberg mountain areas).

To determine the status of the vulture populations and whether the objectives for the conservation of vultures is being met, three population parameters are monitored:

- 1. The number of active nests in the KZN population range;
- 2. The reproductive success rate of the KZN population; and
- 3. The number of vultures and their age class killed through illegal means.

Nest monitoring is done by aerial surveys conducted at certain times of the year (see textbox below extracted from the monitoring plan).

Monitoring parameters include the following:

 The number of active nests occurring during a breeding season in the Province – by inference this is equivalent to a minimum estimate of half of the adult breeding population size. This is defined as the greater of: the sum of number of nests which are Incubating/brooding (A) + Active empty (C)

- from the August survey or, the sum of the Number of chicks seen (B) + Active empty (D) nests from the October survey.
- The reproductive success rate this is defined as the number of surviving chicks seen at the end of the breeding season October survey, divided by the number of active nests. Since a maximum of a single chick is fledged per nests, a 100% reproductive success rate would mean that each active nest fledged a chick.
- 3. The **number of vultures killed illegally** defined as the number of vultures dying from unnatural causes (purposeful and accidental poisonings).





uMkhuze has also been part of the Zululand vulture tagging project where pre-fledged vultures are tagged. Tagged vultures are then recorded in the wild and this gives an indication of their movement to and from their birth locality.

In addition to aerial surveys, incidental sightings and targeted camera trapping are also recorded. The former is performed by field staff and Wildlife ACT's monitoring team stationed in uMkhuze whenever a gathering of vultures is noted. The GPS point and total composition of the different species is recorded and added to the reserve's data base. Furthermore, when a tagged vulture is observed, the tag number is recorded, and the GPS point relayed back to the Ezemvelo KZN Wildlife biodiversity database.

There are two vulture restaurants in uMkhuze where vultures are fed as part of a scavenger support programme. If you should be fortunate enough as a visitor to spot one or more of these beguiling birds with a tag on, please report this to the resort office for attention of conservation management, and help us to turn the tide in vulture conservation and awareness.

Media enquiries should be directed to the iSimangaliso Communications and PR Manager, Mr Bheki Manzini at bhekimanzini@isimangaliso.com.

Newsflash No.: 2019.01.23











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This iSimangaliso Newsflash is regularly issued by the iSimangaliso Wetland Park Authority. These communications underline our ongoing commitment to update, inform and involve the public, makers and interested parties about the Park, and to address any concerns brought to our attention.



Wetland Park Authority, The Dredger Harbour, Private Bag X05, St Lucia 3936. Telephone: +27 (35) 590 1633 Fax: +27 (35) 590 1602 Email: info@iSimangaliso.com

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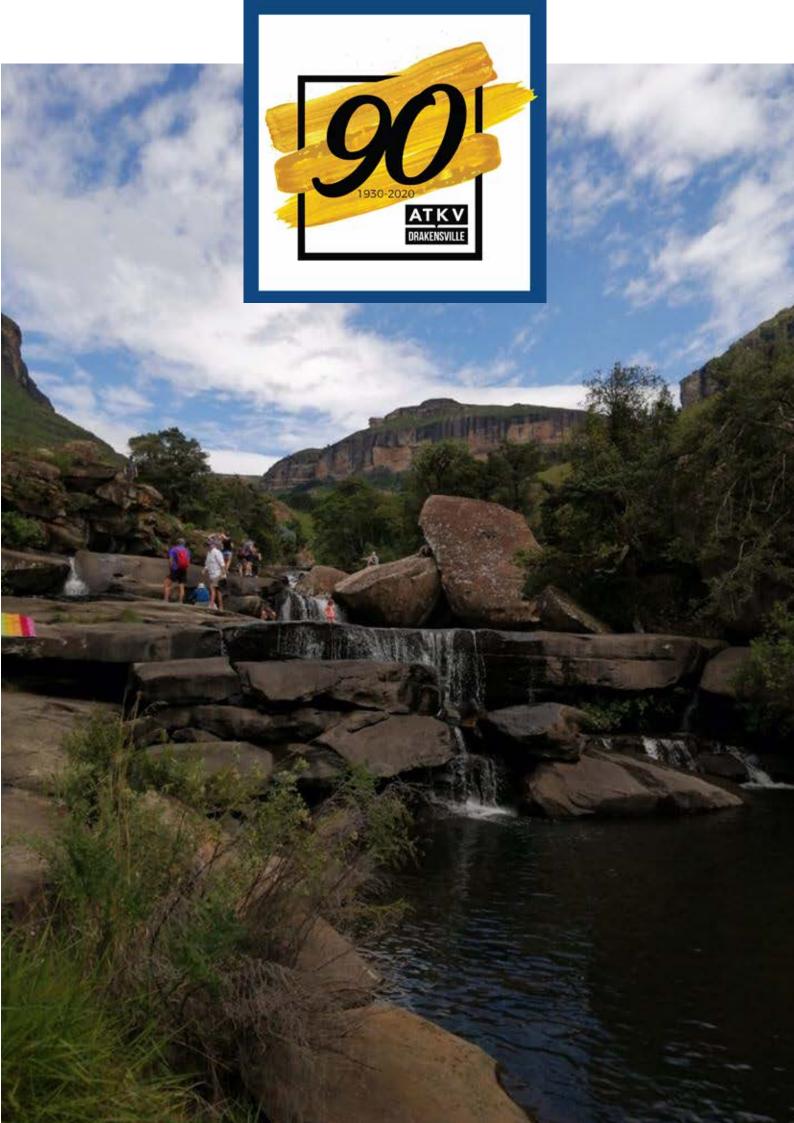
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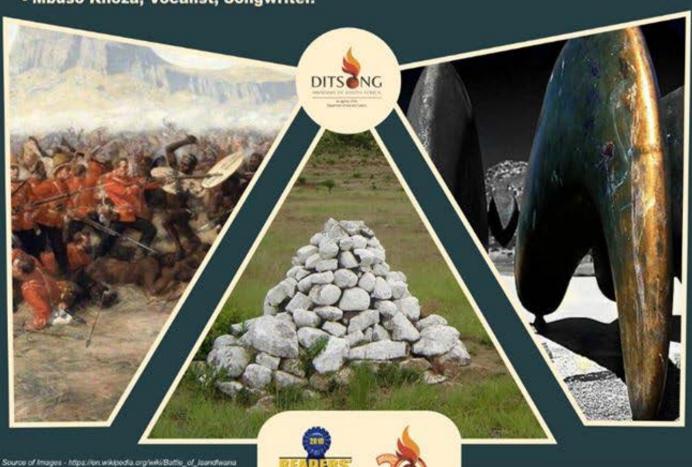
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OYPRA

Outdoor Youth Programs Research Alliance

Improving resilience, learning and wellbeing among young people.

A new study by the Outdoor Youth Programs Research Alliance (OYPRA) developed and conducted over nine years has shown camps and outdoor education programs can lead to improved mental health and wellbeing in young people. Founded in 2009, OYPRA is an alliance of researchers from Australia's top universities led by the Murdoch Research Children's Institute and supported by the Victorian Government, together with not-for profit community organisations, and key representatives from the outdoor sector.

The extensive research undertaken by OYPRA will help inform policy and practice, and lead to more strategic investment in Australia's outdoor programs for learning, healthy living and positive youth development.



Camps lead to better health outcomes

Australians who have gone on school camps know firsthand that outdoor learning programs support personal development and learning new skills.

Now, through world-first research undertaken by OYPRA, there is clear evidence that camps can improve the mental health and wellbeing of young Australians.

The study took place over a 3 year period involving almost 335 young Australians aged 14–16.

OYPRA's research measured both the short and long-term impacts of outdoor education by evaluating the wellbeing of year 9 students who participated in purpose-designed camps compared to those who did not.

The six month trial surveyed students on how they measured their physical and mental health, confidence, connectedness and other measures five times before and after they participated on a 5 day camp program.

OYPRA's study identified that students with higher levels of anxiety and those with low confidence are likely to benefit the most from outdoor learning programs.

The comprehensive research by OYPRA showed there are different benefits depending on the student's state of wellbeing and mental health before attending camp, supporting the idea that specialised outdoor learning programs could be delivered to support those suffering mental illness.



OYPRA Research Findings

16% experienced reduced anxiety

16 per cent of surveyed students suffered from higher levels of anxiety. Participation in the five day outdoor program was shown to reduce this anxiety significantly. with increased confidence

OYPRA found that 11 per cent of students surveyed had low levels of self-efficacy; however following a five day school camp their confidence levels were significantly boosted.



The journey to discovery - OYPRA's Research Program

There were four phases to OYPRA's research which comprehensively analysed the benefits of outdoor programs for young people.



PHASE 1: A national survey of 380 Australian outdoor youth programs was carried out in 2011 by OYPRA creating a comprehensive picture of the scope and diversity of camp programs across the country.



- PHASE 2: OYPRA established 'The Camping, Adventure, Nature: Outdoor Programs for Youth' study examining the self-reported experiences of young people participating in a range of secondary school-based outdoor and camping programs.
- > The report found students who had been on a camp for at least five days, who started with lower levels of self efficacy and/or higher levels of anxiety, showed significantly higher self-efficacy, substantially lower levels of anxiety, and statistically significant increases in peer and school connectedness after they returned to school.

Why are these findings important?

The incidence of mental illness in Australia continues to rise amongst young people. Camps and outdoor learning programs offer a solution to strengthen and support the mental health of young Australians as proven in research conducted by OYPRA.

Anxiety is becoming increasingly prevalent in students, impacting their mental health, wellbeing and academic performance. According to Mission Australia, almost a quarter (22.8 per cent) of young people aged 15 to 19 show symptoms of probable serious mental illness, up from 18.7 per cent five years ago.

Confidence and self-efficacy, the belief in achieving goals, in children and teenagers continues to be low in Australia. According to the KFC Youth Confidence Report 2018, only 1 in 5 of young people are confident that they will be able to achieve their 5 year plan. Furthermore, 70 per cent of young Australians say the most important people in building confidence are their friends ranking higher than mum (57 per cent) and dad (43 per cent).

When students participate in outdoor learning programs, they are encouraged and supported in developing friendships and confidence, as they solve challenges and face new experiences.

Friendships and confidence are essential to healthy and resilient young Australians.

Through OYPRA's research, it's clear that we can support the mental health and wellbeing of young Australians by encouraging participation in school camps and outdoor learning. Those who attend camps are challenged, get active, become immersed in nature, are guided by experienced outdoor leaders and form stronger relationships with their peers, all of which support improved mental health.

Outdoor learning experiences provide a much needed break for young Australians from their screens to experience something real. Australia has some of the most beautiful natural environments in the world, and they need to be made more accessible to younger people as part of their personal development and to support their mental health and wellbeing.





- > Students that went on camps were more independent, less anxious, work harder at school and felt more important in the school community.
- > An overwhelming majority of students (80 per cent) found that the camps provided opportunities to explore, discover, and learn new things. Over 60 per cent of students felt connected to and accepted by others during the camp.
- > The report also found that the majority (60 per cent) of students wanted to go on camp more often.
- > The statistics saw the same trends regardless of the school, the type of camp, or student's gender.

PHASE 3: OYPRA collated and reviewed empirical literature, analysing the benefits of outdoor learning across five domains: challenge, activity, nature, guided experience, and social milieu. The research concluded that each of the domains presented different but complimentary benefits to participants.

PHASE 4: Through the key learnings of the first three phases, OYPRA designed and delivered a control-tested outdoor youth program which evaluated whether participants showed immediate and medium term improvements in wellbeing compared to students who did not attend the camp.

Each group of students completed surveys on five occasions: twice before camp and three times after camp. The surveys covered topics including health behaviours, psychological strengths, emotional difficulties, interpersonal connectedness, nature relatedness and the camp experience.



































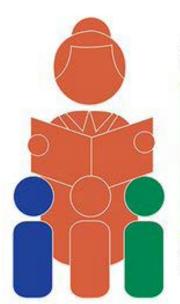


fill

your 2020 pages with memories



Support at home: laying the foundation for successful learning The importance of discipline



Maintaining discipline can be challenging for parents as it needs to be consistent through the different stages of a child's life. Below are some guidelines on things parents can do in crafting better learner habits:

- Parents should have clear rules in their homes that also indicate the consequences for breaking the rules. Consistency
 and fairness are vital in the way rules are applied. Usually the fewer the rules, the better.
- Children should be assigned tasks and have routines in the home. These tasks should include tiding and caring for their possessions.
- Children should be praised and encouraged when they achieve or display the appropriate behaviour.
- Children should be assisted to be disciplined in adhering to times set to do their school work at home. This implies
 appropriate time for play and relaxing depending on the age of the child.
- Each child should have a routine for waking up and going to sleep. Parents should establish healthy communication
 with their children.

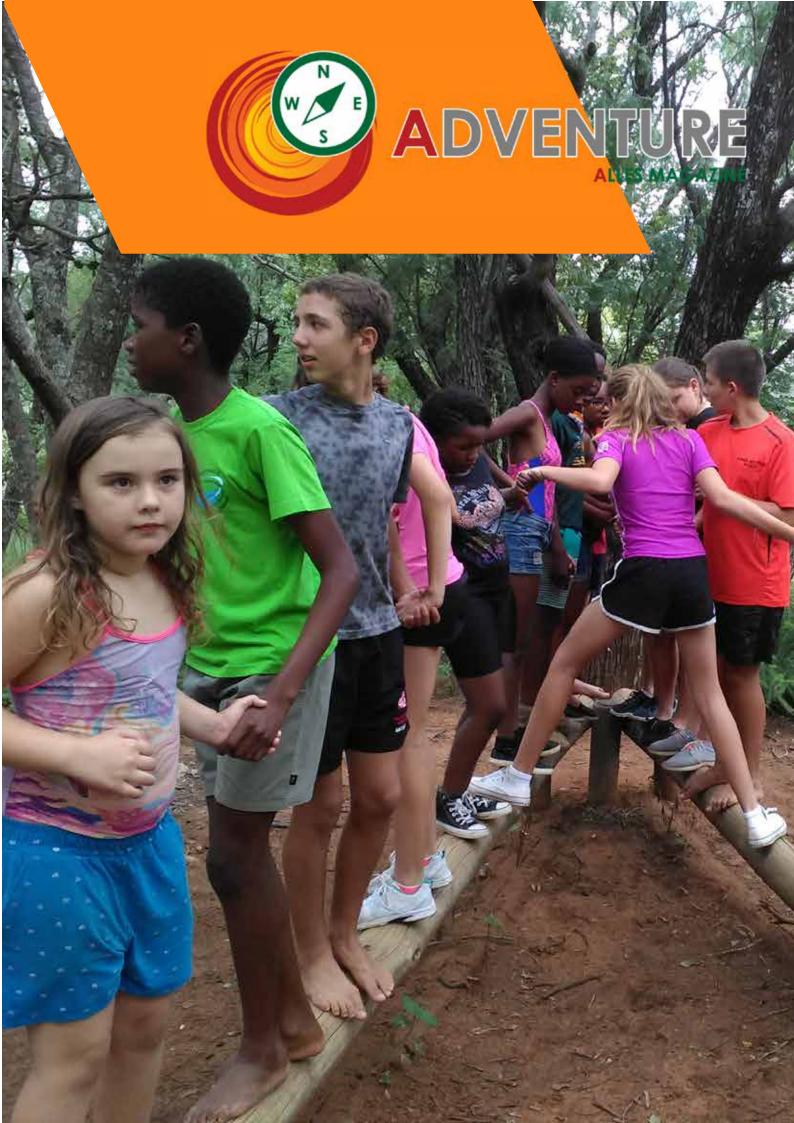
Parents that consistently apply the rules in their homes will provide their children with a safe and secure environment where learning can take place.



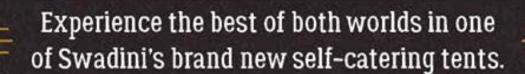








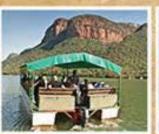
Embrace the spirit of adventure!





Serviced daily and equipped with neat ablution facilities, this luxury tented camp gives you the opportunity to get up close and personal with Mother Nature – without compromising on luxury! Spend your days relaxing in your luxury dwelling, or indulge your wild side with a variety of adventure activities.

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Elephants Research

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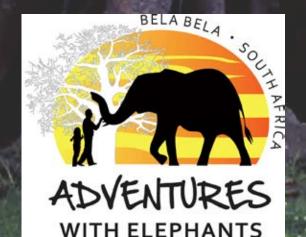
#Adventures With Elephants & O O O O

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ADVENTURES with

FOR ALL EDUCATIONAL GROUPS





EDUCATIONAL INTERACTIONS

More than just a "touch and feed" activity, our comprehensive interactions aim for each of our visitors to experience, acutely, the intellect and warmth of our gentle giants.

Imagine watching an elephant in the wild, or even on television. Now try imagining what the skin feels like, or the tongue, or the surprisingly soft sole of the foot. How about the unique smells. Or the sound of an elephant rumble. Imagine all this whilst experiencing how relaxed, caring and intelligent these animals really are. Our unique hands-on interactions allow you to stop imagining and really get to know elephant better. Our qualified, experienced and friendly elephant handlers will introduce you to each of our seven elephants, Mussina, Shan, Nuanedi, Chishuru, Chova, Bela and Zambezi and show you remarkable aspects of each individual and of the species as a whole.

You will enjoy a close, personal and safe encounter with our gentle giants. Our elephants stand under shade on soft mats for comfort.

Here you'll learn about elephants from tail tip to trunk tip and everything between, experience first hand an elephant's intelligence through to how acute its sense of smell is, you'll experience their gentle nature as well as the stimulating levels of trust and companionship that can be developed between elephant and man. Take part in allowing an elephant to remember your name or identify you by your scent.

We run a responsible tourism operation that offers the highest level of elephant care, food requirements, hygiene and environmental enrichment. Through playful methods, we guarantee you a day of inspiration and the start of a lifetime love for the African elephant and for wildlife.

"It's easier to protect wildlife if you care about it.
It's easier to care about it if you understand it.
It's easier to understand it if you can experience

It's easier to understand it, if you can experience it closely and safely. "

— Sean Hensman











WE PROTECT WILDLIFE THROUGH EDUCATION

We protect wildlife through education

As numbers of elephants have decreased by some 350% in the last 70 years and by 110 000 elephants in the last ten years (Great Elephant Census) due to poaching and habitat loss, we are honoured to have saved a few. We are even more thrilled to be able to connect you with Elephants through our unique interactions, so that you might see them for what they are, and therefore think a little bit more about their future, and indeed many other species, in an ever changing and modernising Africa.

Adventures with Elephants is a place of inspiration and joy. Our beautiful reserve in South Africa is home to many types of wildlife from zebra; giraffe and warthogs; to meerkats. Our biggest privilege is caring for our beautiful African elephants who were destined to be culled. Our latest additions,

Zambezi and Bela, were born to mothers Shan and Mussina and are our 6th and 7th family members.

We offer close up and personal encounters with our elephants carried out with cheerfullness and respect for the welfare of both our majestic residents and you our guest. Here you will learn all about our continent's gentle giants, their intelligence, their bodies, their behaviour. You will leave humbled and moved, and a lifetime ambassador of holistic wildlife conservation.

Photography provided by Shannon Wild

TALK TO US

If you'd like to book an interaction, enquire on availability, or speak to us about a special event, please contact us on any of the following options: Booking office is open from 07:30 to 16h30 (South African Time Zone UTC+02:00) daily.

Email : adventures@zebula.co.za Telephone: +27 (0)14 734 7730 Mobile: +27 (0)79 431 7655









Our Dream is to Connect Young People with their Purpose, Potential & Dreams through Experiential Learning Camps

ABOUT US

Camp UA lies in the heart of the Waterberg, approximately 12km north of Modimolle (previously Nylstroom) in Limpopo Province. It consists of 400 hectares of bushveld and koppies, a natural dam and fountain and a variety of wildlife that includes kudu, giraffe, bushbuck, impala, springbuck and blue wildebeest. This malaria free area is a paradise for identifying a vast variety of indigenous trees, savannah shrubs and grasses as well as a comprehensive variety of birds and insects.

Come and join us for the ultimate bushveld experiences like hiking, swimming, 4×4 game drives, golfing, a variety of other physical challenges, skills development games, and of course, the ultimate traditional South African experience: a braai (barbecue) under the Southern Cross accompanied by nocturnal wildlife calls.

We specialise in providing adventure experience learning camps that include leadership identification, leadership development, and team building. We provide facilities for nature camps, sport camps, holiday camps and welcome self-catering groups as well.

CAMPS

Adventure Camps

Getting out of the known environment and experience the bushveld in a fun and adventurous way.

Leadership Development Camps

Develop leadership skills like conflict management, motivation, team dynamics, effective communication etc through experiential learning activities.

Sport Camp

Stretch any sports team or individual in a series of sport specific coaching sessions as well as team building and personal development activities.

Study Camps

Get away and focus on your education, filled with study time and subject tutors to make sure one improves one's grades.

Teacher Breakaway

Relax and unwind, experience the calm bushveld and recharge for your next chapter.

Other Camps

Teacher Teambuilding
Mens Breakaway
Womans Breakaway
Teacher Strategic Planning
Culture Camps
Spiritual Development Camp
Leadership Identification Camp
Teambuilding Camp





View point Boma Lapa Fishing dam

It consists of 400 hectares of bushveld and koppies, a natural dam and fountain and a variety of wildlife that includes kudu, giraffe, bushbuck, impala, springbuck and blue wildebeest. This malaria free area is a paradise for identfying a vast variety of indigenous trees, savannah shrubs and grasses as well as a comprehensive variety of birds and insects.









ADVENTURE AWAITS IN THE HEART OF LIMPOPO!



Swadini is landlocked by the Blyde River Canyon Nature Reserve and nestled amongst the Drakensberg peaks, on the banks of the Blyde River.

The unique and magnificent natural treasures in this world renowned area, activates engaging and valuable educational properties for school groups.

An educational tour must is the Kadishi Tufa Waterfall

Did you know?

What is mesmerising about the Kadishi waterfall is the striking resemblance the rock face of the waterfall bears to a weeping face, the drop of water very like a sheet of tears. For this reason it has been called the 'weeping face of nature'.

Hidden at the end of the Blyde Dam, it is one of few rare living tufa waterfalls in the world and is said to be the second highest tufa waterfall in the world, dropping 200 metres from its limestone shelf to the water of the Blydepoort Dam.

Tufal waterfalls take million of years to form. Water, running over dolomitic rocks, absorbs calcium from the rocks. The mosses that also grow on these rocks draw out carbon dioxide whilst photosynthesising, which causes the calcium in the water to deposit layers of tufa on the surface of the waterfall (a bit like crystalisation of water). The water continues to flow over and underneath the layer of calcium.

Exclusive Boat Trips on the Blyde Dam, gives school groups a safe and extraordinary opportunity to spot Hippo and Crocodile.



Swadini will give your group some of the most unique activities in the largest green belt canyon in the world.

Looking for new species? What about taking your school group on an exploration adventure? The Resort is not only home to the newly documented Eastern Scissortail Dragonfly, but also home to other unique Dragonflies such as Painted Sprite, Great Sprite, Lined Claspertail and Spined Fairytail.



Unique trees located at Swadini include Lebombo clusterleaf, Carrot-tree, Mitzeeri, Forest fever tree and Matumi. Unique birds can also be found in Swadini and include Crowned Eagle, African Black Duck, African Finfoot, Half-collared Kingfisher as well as the Trumpeter Hornbill. Wild animals that can be found in, and around the Resort include Leopard, Kudu, Hippo, Crocodiles, Waterbuck, Bushbuck, Meerkat, Duiker, Mongoose and Impala.





With being in close proximity to all the majour educational tour destinations, your class will have too little time to fit in all the treasures in the area. What about a visit to the Endangered Species Centre or some interaction with elephants? From a traditional tribe, entertaining with dance and music, to being on the border of the Kruger National Park (where you can book additional talks about animal species and activities) to being mid some of the world's greatest wonders, like Bourke's Luck Potholes, The Pinnacle, Mac-Mac Falls, God's Window and the ever popular Graskop Lift! Plan your roundabout tour and ensure you visit the Three Rondavels, the oldest Boabab trees and the magical mining town of Pelgrim's rest.

Swadini has an extensive team and group program that includes, hiking, horse riding river rafting and much more. Please enquire for a full list of all our activities. The Swadini School Tour will become the pinnacle of your school's annual outdoor experiences calendar!

Contact our friendly team today to discuss all your needs.

Reception and Reservations:

- +27 (0)15-795 5141
- +27 (0)76 634 1170

swadinires@foreversa.co.za

Alternatively guests can book online www.foreverswadini.co.za









Looking for the **PERFECT DESTINATION** for your next school outing or team building weekend? Forever Swadini is an award-winning Resort that's nestled in the peaks of the Drakensberg, a mere stone's throw away from **VARIOUS EDUCATIONAL LANDMARKS** like Kruger National Park, Bourke's Luck Potholes, The Pinnacle, Mac-Mac Falls and God's Window.

WE SPECIALISE IN:

- Fully catered kids' accommodation
- Day Visit packages
- Team building activities

THINGS TO SEE AND DO IN CLOSE PROXIMITY:

- Jessica the Hippo
- Moholoholo Animal Rehab Centre
- Hoedspruit Cheetah Project
- Reptile Centre
- Kruger Park

OUR FULLY EQUIPPED YOUTH HOSTEL features **4 DORMITORIES**, each sleeping 22 kids, and 2 teacher's rooms each sleeping 2 people.

THE RESORT FEATURES A WIDE RANGE OF KID-FRIENDLY ACTIVITIES, INCLUDING:

Cold and Heated Swimming Pools | Mini Golf | Trampolines | Volleyball | Tennis Court | Paintball | Kids Play Area | Outdoor Chess | Hiking Trails | Quad Biking | Horseback Riding | Kloofing | Mountain Bike Trails | And much more!

BOOK TODAY, OR CONTACT US FOR MORE INFO!













FOREVER SWADINI

TEL: +27(0)15 795 5141

EMAIL: swadinibanq@foreversa.co.za

CENTRAL RESERVATIONS

TEL: : +27 (0)12 423 5600 **EMAIL:** info@foreversa.co.za











ADVENTURE AROUND

EVERY CORNER

Jessica the Hippo | African Dreams
Horse Safari's | Godding & Godding
Silk Car Museum & Spa | Tshukudu
Lodge Game Drives | Moholoholo
Mountain View Game Drives &
Game Walks | Moholoholo Animal
Rehab Centre

Amarula Lapa | Hesc – Cheetah
Project | Elephant Whispers Hazyview
| Reptile Centre | Giant Boabab
Tree | Klaserie Dam Fishing | Nyani
Village Tribal Dancers | Sun Catchers
| Hot Air Balloon Rides | Skyway Trail
| Kruger National Park





WWW.FOREVERSWADINI.CO.ZA









Welcome to Warthog inn Brits, NW



AT WARTHOG INN THERE ARE THREE VENUE AREAS, NAMELY KOEDOE, ZEBRA AND NYALA

The beautiful surrounding of our campsite, expertise of our staff and tailor most valuable assets and as such are made programs promise to provide a expected to share and support the memorable experience for all.

Warthog Inn hosts one of the best Honesty and integrity. developed adventure courses in South Africa.

Here at Warthog Inn the learners discover their potential through our outdoor adventure learning.

Our highly skilled instructors will lead the learners to new levels self-discovery, potential and development.

The people of Warthog Inn are its visions and values of our camp. Respect for each other.





Office: info@warthoginn.co.za or Kobus Snyman: kobus@warthoginn.co.za

Cell: 082 319 0429 Cell: 082 431 7776 Office: info@warthoginn.co.za Cell: 082 319 0429

Kobus Snyman: kobus@warthoginn.co.za

Cell: 082 431 7776

Large Group Accommodation for up to 600 guests
At Warthog Inn we are accustomed to catering and
lodging for large groups

Activities include the following and are planned according to duration of camp and specific needs:

Adventure course with (26 obstacles) - Foefieslide
Boeresport - Field focus program and training
Go cart racing - Archery
Self-defense (Marius Ferreira, 6thDan in Karate)
Dance and karaoke - Huge Water slides - Reptile show
Game drives (more than 16 different species) - Solitaire
Reptile show - Kettie shoot - Target Shooting
Literia course - Night adventure - Night march
Group Dynamics
22 meter swimming pool (Ideal for swim camps)

JARU Sport Academy

A Great Team Experience!

Warthog Inn offers Sport Weeks available for Rugby,
Rugby Sevens, Netball, Hockey, Cricket & Soccer.

The sports school division in association with JARU Sport
Academy brings a variety of sport camps, including rugby,
cricket, netball, softball, seven-rugby and practice camps at
professional level. JARU Sport Academy also now works in
conjunction with THE BLUE BULLS & TUKS RUGBY ACADEMY.
JUMPSTRETCH SA now forms part of the exceptional
Sport clinics at Warthog-Inn.

JUMPSTRETCH TECHNOLOGY = Variable Isotonic Resistance Systems (Flexband) and Functional Conditioning and Rehabilitation with Flexband Technology.

We are also registered with the Education Department as a service provider with excellent programs, facilities and facilitators who will make your visit an













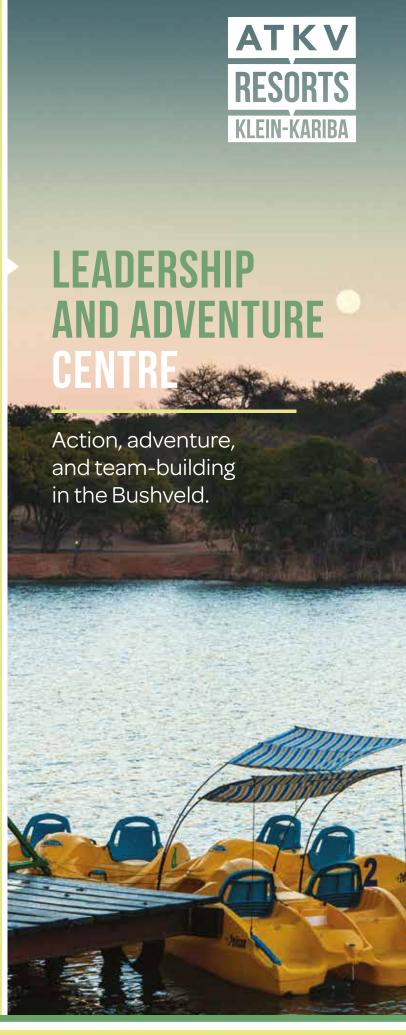


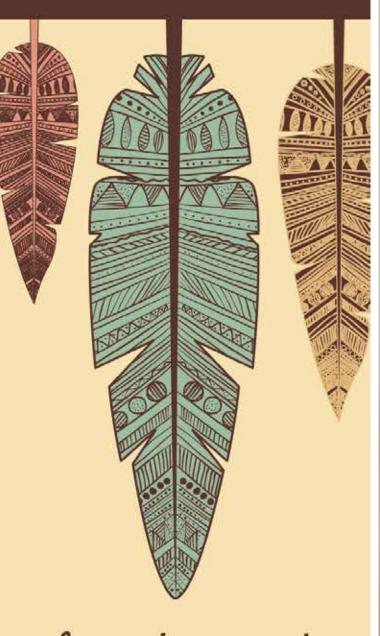
WARTHOG INN & JARU SPORT ACADEMY

A camp site that offers a huge variety of action, fun and adventure at an affordable rate.









Learn from each chapter and write your life wisely.









Outdoor education



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marketing@emsenicamp.co.za
Winterton KZN



Adventure



Team building Leadership

Fun Friendships



Below Spioenkop Mountain on the banks of the Tugela river Winterton KZN









Em'seni offers 150 beds with quality ablutions adjoining the bedrooms. A large dining room and separate conference hall with smaller alcoves and meeting rooms allows for ample meeting space for 200 people. A modern industrial kitchen is fully equipped and food standards are high. Self catering chalets are available and ideal for leaders and teaches. Our bush camp porcupine allows back to basics camping but has modern ablutions and a covered eating and preparation area.



Race host village for Joberg2C, Oxpecker trail runs and Berg&Bush cycle races. Ideal for any large sporting event, large school groups, church camps and conferences or team building and leadership camps plus our popular summer camps.

Summer camp 2019 dates:

Seniors 9th-13th December Juniors 15th-18th December



Em'seni Camp contact details

Phone: 036 488 9015 office whatsapp 0795256320

E-mail: marketing@emsenicamp.co.za

Facebook: emsenicamp

Website: www.emsenicamp.co.za

Leadership, Team Building, School camps, Church groups, Retreats and sports Bush camps, Holiday camps



At **Teen Ranch** we offer comfortable, affordable youth accommodation in **Port Edward**, on the Lower South Coast of KwaZulu-Natal South Africa, to school, church and corporate groups of up to 180 people. Outdoor challenges await you at **Teen Ranch** with our adventure centre on a 47 hectare farm.

Develop your team

- team builing activities
- discover your leaders
- mould your mentors
- plan a group get-away
- relax and revitalize

Teen Ranch's tropical farm setting, abundant bird life and picturesque dams ensure emotional and spiritual well being, while intellectual and physical growth is challenged by our outdoor adventure centre activities.

Together we grow n

Contact **Sarah** on: 083 256 7518

Mail: sarah@teenranch.co.za www.teenranch.co.za

















"TOGETHER WE GROW"









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Kontak: Ester van Wyk | 012 436 0960 | estervw@saou.co.za





Adventure & Education Training Centre

Camps at its best

Camping outdoors is perfect for School, Church and Team building camps.

We are just 30 km from Somerset West, or 8 km from Grabouw. We are right on the buffer zone of the unique Kogelberg & Hottentots Holland Biospheres. Surrounded by the Cape Pines Forestry pine trees – this is the ideal camping getaway for anyone.

outdoor Activities:

Initiative Courses (Brain-Teaser Activities)

Low Rope & High Rope Courses (Teamwork and Conquering of Fear)

Jacobs Ladder (Teamwork and Conquering of Fear)

Raft Building and Learning Rope Knots (Educational Adventure)
Paint Ball (Slingshots)

Map Reading and Orienteering (Educational Adventure Race)

Zip-line & Canoeing (Fun Adventure)

Night Hikes & Sleep outs (Outdoor Fun)

Fishing & Swimming (Fun and Relaxing)

Cycling & Hiking (Outdoor Fun)

Camp Craft & Cooking (How to build shelters, get water, etc.)

By Special Arrangement:

Arrange any of these with us prior to the arrival of the camp at the campsite

Paint Ball (Guns)

Climbing Wall (Conquer fear)

Drumming (Team build fun)

Archery (Team build fun)

Kloofing (Outdoor Adventure)

Lazer Tag & Clay Pigeon Shooting (Top-G)

Flower & Fruit Picking Tour (Educational)

Eskom Palmiet Hydro Electric Tour (Educational)

Wagon Trail Tour (Historical Educational)

Regular Programs:

Run on a daily basis and are completely customisable to reach the specific aim of the camp

- Fun/Reward program that is excellent for Schools, Churches and Corporate Groups
- Educational Camps supplementing the curriculum with outdoor experiences to ensure the best foundation for learning
- Leadership & Team-building motivate sports and work teams to perform optimally together
- Adventure Skills to get the adrenalin pumping with some fast-paced or fear-conquering activities
- Forest Education & Hiking to learn more about the wonders of forest
- Fitness or Adventure Race, ideal for sports teams to prepare for an event while still having fun
- Christian Based Programs for a break away from the daily routine
- * Combination of the above





www.b2bcamps.co.za



Main Camp Information:

The larger of the two campsites and can sleep 148 in army tents on bunk-beds.

It has a maximum capacity of 250 people by means of extra dome tents pitched by special arrangement.

It includes a fully equipped kitchen making catering a breeze.

Bush camp Information:

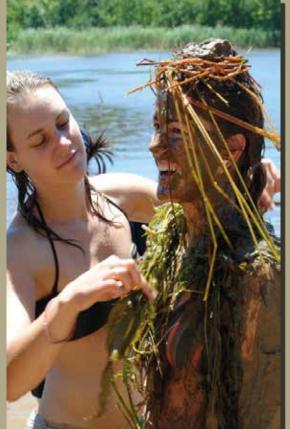
The smaller of the two campsites that sleeps up to 54 people on bunk beds in army tents and up to 150 in dome tents.

Maximum capacity is 100 people. It also features a Marque tent doubling as the Hall for lectures, etc.



















Contact Information:

Mail us on: admin@b2bcamps.co.za

Office:

+27 21 844 0000

Cell:

+27 82 373 5162

Fax:

+27 21 844 0000 or

+27 86 545 8223

Directions:

Our campsite is situated just 8km from the wonderful little town of Grabouw.

"He who can see the invisible, can do the impossible"

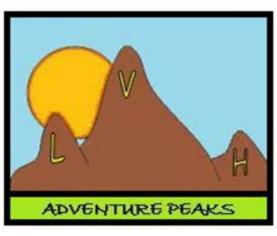


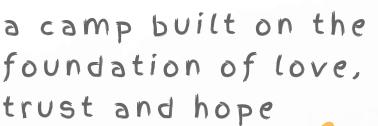
TO Strand Resort is one of the most popular school tour destinations and can accommodate 300 pupils on a sharing basis. We also have a youth camp, consisting of dormitories which can sleep 48 pupils in two separate rooms of 24 beds each. This camp has its own kitchen, lecture room and lapa. The chalets can be used to accommodate groups. Your school tour programme can be tailored to suit your individual requirements as to what activities you would like to take part in. We will propose a programme based on your request for your approval.



TO Strand is located 90 minutes south of Durban in the quaint seaside village of Leisure Bay. Visit our Website for more info | www.tostrand.co.za

Telephone: +27 (39) 319 2729 E-mail: info@tostrand.net





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 - and much more ...

only skill needed: you must play in the mud

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We cannot wait to welcome you!













Z R

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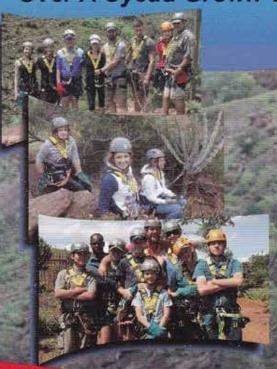
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Great Height And Speed Over A Cycad Grown Valley. JOIN US FOR AN ADVENTURE OF A LIFETIME!

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- * Corporate Team Building
- * Special Functions

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Contact Details:

Thys: 082 923 1982

Reception: 013-590 5641

Alternative: 072 708 1510

www.loskopadventures.co.za Email: thys@htws.co.za









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Loskop Valley

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Johan Raath 071 509 3463 johan@adventuremedics.co.za



Watch us on YOUTUBE: http://youtu.be/8JHAs772a170

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35 Umdoni Drive

Pennington e-mail: holidaywithus@telkomsa.net



A CAMP PERFECT FOR

The resort is situated within walking distance (500m) from the beach in Pennington, 9Km south of Scottburgh on the KwaZulu-Natal South Coast. Durban, Margate and the Wild Coast are within one hour's drive, which makes daily excursions easy.

Several chalets, Log cabins, Camping sites and a lodge is situated amongst indigenous trees. (Chalets, Log cabins and Lodge can also be combined for larger groups).

Groups such as churches, schools adventure camps, conferencing, NGO,s , Universities, FET; colleges and Team Building is always. welcome at Pennington.







Adventure!

Awaits you in Pennington

Schools - Churches - Universities - Technicons & Colleges

Break away from the hustle and bustle of city life and join us for a fun filled full activity program to suit your time, needs and pocket.

Tailor made group packages are planned for either Churches, Schools, Technicons, Universities or for corporate team building. Packages are made up from the activities below and can include some or all depending how many days you are on camp.

Full catering done by our chefs from the kitchen at very reasonable rates for your camp.



Leadership and adventure camps

Team building * Leadership Identification
Beach Olympics * Wall-climbing * Low Ropes
Course Campfire * Kayaking * Obstacle Course
Archery and much more ...

Our Facilities offer

Crystal clear swimming pool * Trampoline
A large Boma with braai facilities * Table Tennis
Darts * TV * Campfire * Rock and Surf Fishing
Kayaking - Groups only * Pool Table
If you are a Golfer, you will enjoy outstanding golf
courses in the area, at Umdoni, only 2km away,
Selborne, only 2km away and Scottburgh, 12 km
away

And do not forget to enjoy our brand new 2 x 200 m zip line, run by the qualified instructors of TVG!

Read more about our type of accommodation, size (130 max) of guests we can sleep, attractions in the area and more from our web site:

www.pencoventures.co.za



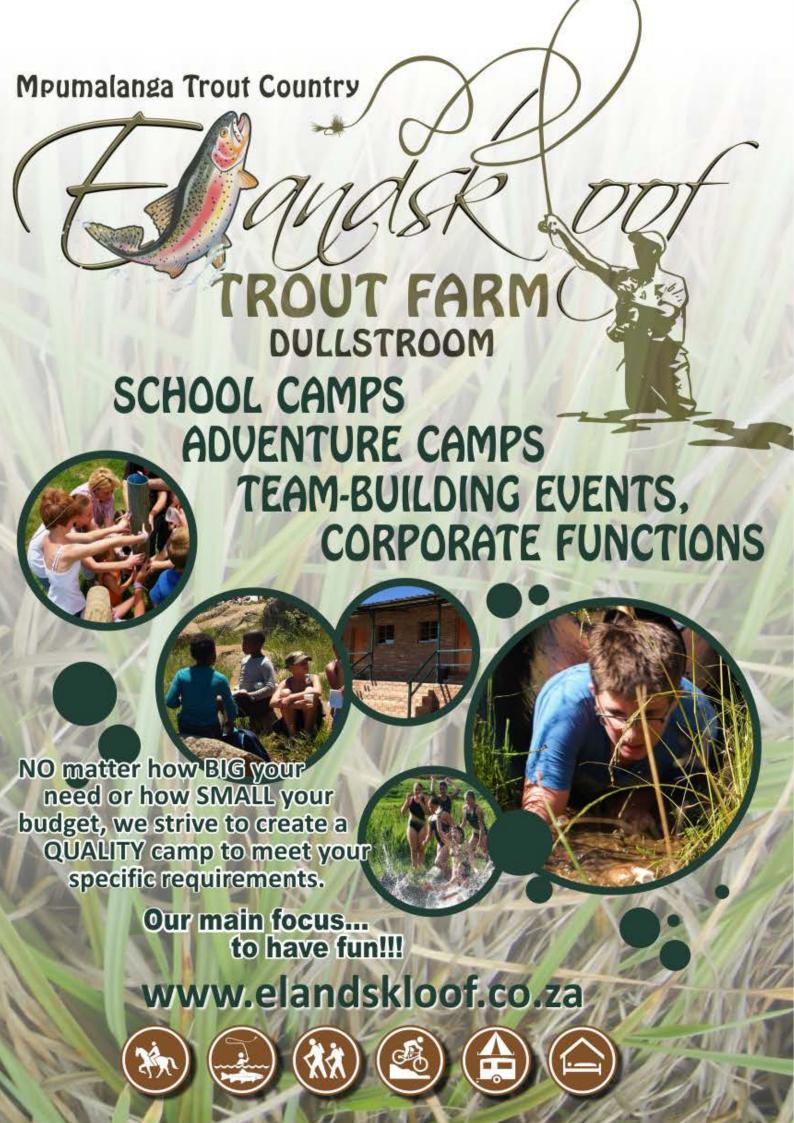












On Offer:

- Adventure
- Academic
- Cookery
- Dog Training
- Etiquette
- Environmental
- First aid & safety
- Fun & camps
- Fly fishing
- History
- Holiday camps
- Horse grooming
- Horse riding
- Leadership
- Music
- Personality, character & gifting development
- Survival
- Veldschool

and more...



Kiddies playground

Various guest units and

dormitory accommodation

Horses

Water activities

Foefie slide

Heated indoor swimming pool

Dam swimming

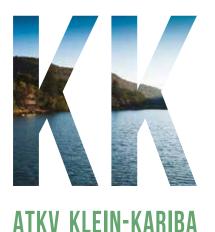
Night adventures



Contact us at:

082 875 8851 or 082 922 6835

Email: info@elandskloof.co.za





ATKV Klein-Kariba's Leadership and Adventure centre offers a wide variety of activities, accommodation, and programmes. Our experienced team of presenters will ensure an unforgettable experience for school, student, and even church groups.



COURSES AND PROGRAMMES

- » Leadership
- » Team-building
- » Fun and adventure
- » Sports
- » Life skills and goal-setting

ACTIVITIES

- » Box car racing
- » Abseiling
- » Archery
- » Hiking trail
- » Horse riding
- » Raft building
- » Painthall
- » Obstacle course
- » Tracking
- » Target shooting
- » Water study
- » Group challenges

FACILITIES

- » Two warm mineral baths
- » Cold water outdoor swimming pool and splash pool
- » Waterslide
- » 9-hole short and miniature golf course
- » Volleyball and rugby
- » Horseback riding
- » Game viewing
- » Hiking trails and cycling
- » Pedal and rowing boats
- » Fishing
- » Pool and electronic games
- » 4x4 motorcycle rides

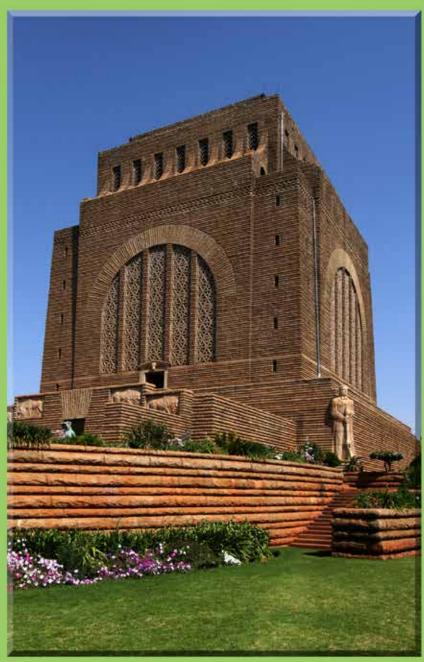
ATKV Klein-Kariba: Telephone: 014 736 9800 Email: kkinligting@atkv.org.za Website: www.klein-kariba.co.za

Facebook: www.facebook.com/ATKVKLEINKARIBA





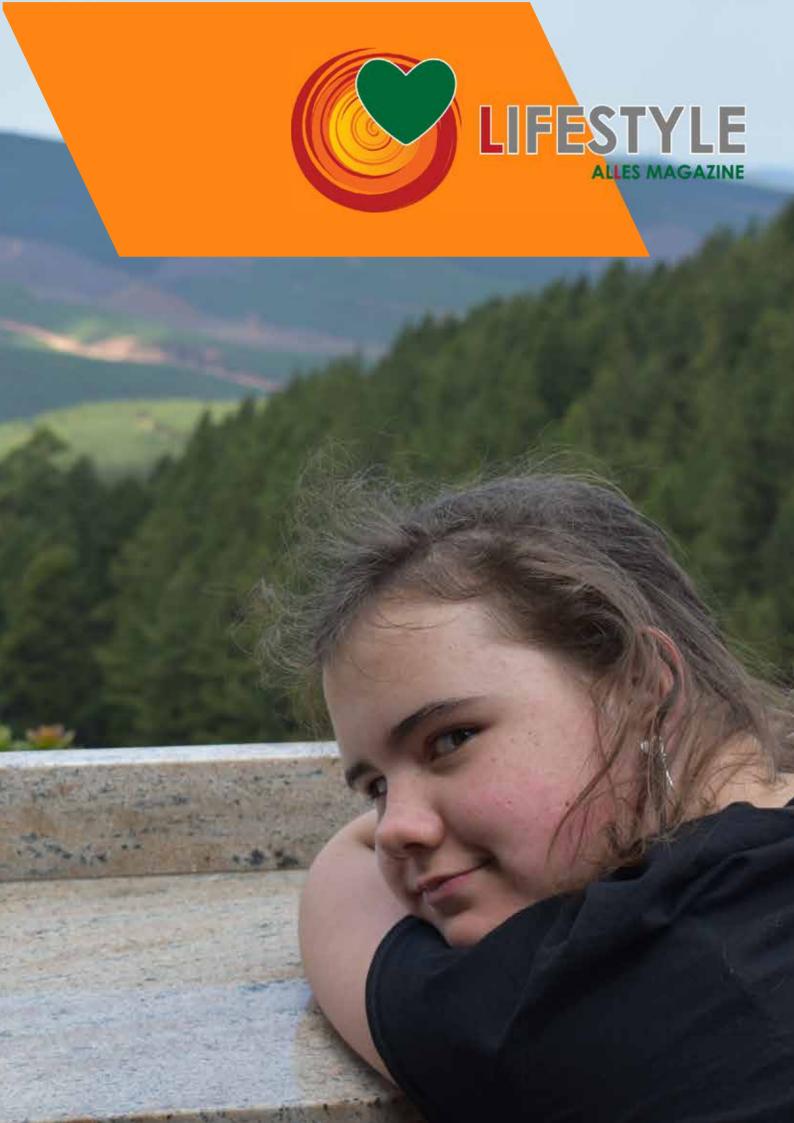
Die Voortrekkermonument













School Camps | Accommodation | Camp Sites | Conferences | Meetings

Nestled in a tranquil and peaceful environment, that provides a country feel for your ultimate relaxation with accommodation to fit every budget. Mopani Lodge is situated 20km away from the Zambezi off-ramp Pretoria.





Nearby Attractions

- Big 5 at Dinokeng Game Reserve
- Game Drives
- Diamond Mine Tour- Cullinan
- Paintball
- Fishing
- Rowing
- Golf at Cullinan Golf Course







Facility Features

- Camping
- Borne Fire
- Braai Facilities
- Games
- Swimming Pools
- Obstacle course
- Wall climbing
- Putt-putt (mini golf)

Caravan park stands accommodates up to 500 people, and all stands have electricity

A 300 seater chapel, a 1500 seater hall and 4 small conference halls to cater for all group event requirements.

For leadership seminars, entrepreneurship or any boot camp event, we have specialized facilitators for you.

Our Contact Details

Reservations: 083 305 7535 | 061 408 3881 | 084 777 8563 **Email:** info@mopanilodge.co.za | **Website:** https://www.mopanilodge.co.za





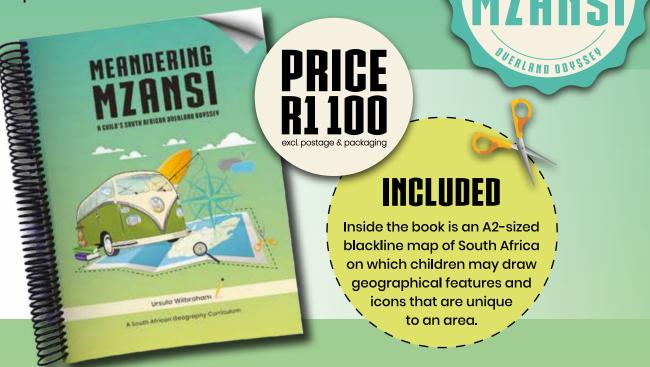




Join us as we meander on an overland South African odyssey in Meandering Mzansi!

South Africa is rich in natural beauty, resources and, most importantly, colourful and varied people groups. S SOUTH AFA

Discover the story of this natural wealth in Meandering Mzansi's 368 A4-sized pages, which are a riot of full colour maps, pictures and in depth information.



The curriculum spans a 49-week period but may be enjoyed at your own pace, especially if you invite younger children to the feast. The book is typically aimed at ages nine to fourteen.









Comfortable self-catering accommodation for families and groups of up to 140 people, in fully equipped chalets

Located between Sabie & Hazyview on the R536

Exceptional views over the Sabie River Valley

Centrally situated to view all the attractions on the scenic Panorama Route

Excellent team building facilities in close proximity

35 km from the nearest entrance gate to the Kruger National Park

Lapa available for functions – catering on request

Excellent security

WEDDING & ENTERTAINMENT VENUE

Our new Wedding and Entertainment Venue will be available from 1st April 2019.

- 180 degree view over the Sabie River Valley
- Weddings, Reunions, Church Camps, Conferences Corporate Groups, Sport Groups and Birthday Parties.
- On request we do catering for groups.
- Guests are welcome to get their own caterers for functions and weddings.
- Seats +/- 150 guest in our beautiful venue with a unique style, overlooking the Sabie River Valley
- Accommodation and parking available

Magda Nel

marketing@sabaan.co.za 071 545 0155 | 061 477 8339

www.sabaan.co.za









Hidden amongst the majestic Lowveld mountains

Sabaan is located 30 km from Sa-tions like God's bie and 15.5 km from Hazyview Bourke's Luck Pot Holes, Blyde ties, family gatherings, church & on the R536

With a sparkling clear swimming pool offering spectacular views, a adventures beyond your imaginaplay area with slide, 2 trampolines, jungle gym and swings, a tennis court, snooker table, and more, Sabaan is the perfect setting your adrenaline pumping, while for a group getaway.

sleeping up to 140 guests, Sabaan is also the ideal venue for family reunions, church and school quad biking, hiking or mountain camps and group functions.

Catering for groups can be done on request.

Sabaan is ideally situated for visits to the Kruger National Park and to Facilities at the Resort explore the magnificent Panorama Lapa - The lapa, with braai facili- Contact us for your next tour and Route, with world-famous attracties and fully equipped kitchen, is group tour.

and many more.

tion:

close encounters with rescued elephants and chimpanzees promise Play Park - The play park is an-With 22 self catering chalets, to be a touching, unforgettable other area where kids of all ages experience.

> Go hot air ballooning, caving, biking, to mention but a few.

> This region is sure to keep you entertained for days on end.

Window, ideal available for birthday par-River Canyon, the Mac Mac Falls school camps and company functions, at a nominal fee.

Sabaan is in close proximity of Swimming pool - The swimming pool is a great attraction for everyone. You can either relax in the Zip lines, aerial cable trails, big pool or take your chance on the swings and bridge jumps will get famous adventure pole. The pool overlooks the beautiful Sabie Val-

> can enjoy themselves at no cost. There are 2 trampolines, a slide, swings, climbing frames and volleyball.

> Games room - The games room includes a pool table, table tennis, darts and snooker table.

Tennis court







CHRISTIAN AND YOUTH CAMP

COME SHARE DAWNVIEW WARMTH WITH US – SIYANAKEKELA
Camps for religious groups and school groups, Retreats, Team building and Weddings.

DAWNVIEW

A place of Peace, Tranquility and Restoration: Away from the hustle and bustle of our everyday life. At Dawn View Christian Camp lasting friendships are forged.

At Dawn View Relationships are deepened and preserved.

Where fun is had by all.

At DAWNVIEW you will experience:

Magnificent Sunrises
Awesome views
Comfortable accommodation
Warm hospitality and delicious meals.

We offer an extensive variety of facilities to ensure your stay is a memorable one.

OUTDOORS

Obstacle course, farm dam, nature trail walks, swimming pool, trampoline, sports field - activities, bon fire place. Quad bike ride(at minimal charge)

INDOOR

Soccer table, pool table, table tennis, spacious hall, dart boards

Bookings:

Log On- www.dawnviewcamp.co.za

and tab on Booking Enquiry

E-Mail- info@dawnviewcamp.co.za

Cell: 083 662 1272

Location: Baynesfield Estate-Thornville

29'44 10.10"S

30'17' 40.14"E

(On Google- Search Directions to Dawnview Camp)

(76-KMs from DURBAN) (29-KMS from PIETERMARITBURG)









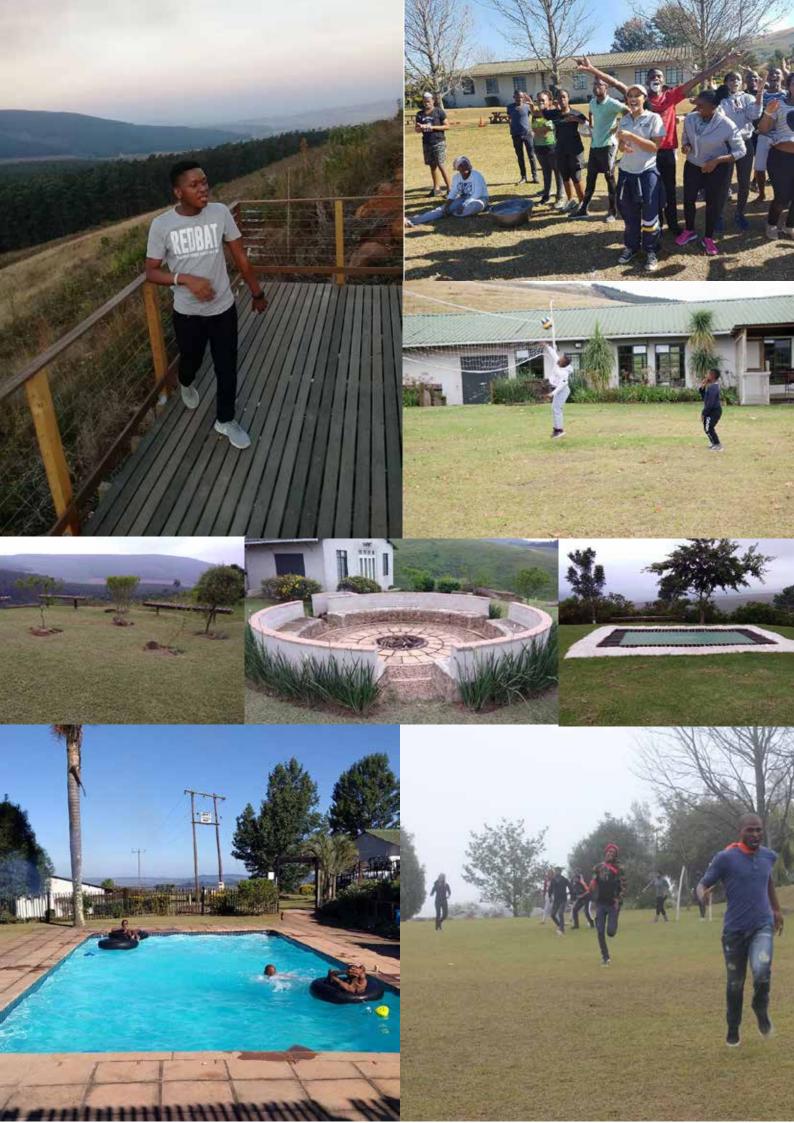






















COMPERMINATES

- TEANAIDAY CANAIPS
- Staff with a heart to serve!
- 7 unique conference venues
- Delicious home cooked meals
- 400 seat hall
- Sound system & cry room
- 300 bed accommodation
- En-suite rooms available
- Wi-Fi available
- Conference extras available on request

- Sports and recreation facilities
- · Walking and biking trails
- Large swimming pool
- Braai and bonfire facilities
- Beach volleyball courts
- Five a-side soccer court
- Trampoline & Jungle gym
- Frisbee golf
- · Indoor & outdoor games gear
- Mini-putt & table tennis
- Pre-book for team building







YMR/AVINION G

Skogheim is the ideal venue for training workshops. We run a number of ministry training programmes and you are welcome to use Skogheim as a training venue for your own training.

- Dynamix team building
- Leadership capacity development
- BCM ISMT Sunday school training
- Character based success training
- · Mukhanyo Theological Diploma
- Precept Inductive Bible studies
- Crown financial training

" And this is eternal life, that they may know You, the only true God & Jesus Christ whom You have sent"

John 17 v 3, NKJV

Phone: 039 685 4793 Fax: 086 292 1535 E-mail: bookings@skogheim.org.za Website: www.skogheim.org.za

Consolidated Lot 17418, Cnr of D247 & P200, Izotsha Road, Port Shepstone P.O Box 181, Shelly Beach, 4265

Skogheim Christian Trust is a registered:

NPO: 144-986NPO PBO: 930021628

Skogheim is proud to be a member of:

SUSTAINABLE EVELOPMENT





























13 CLIMATE ACTION

14 LIFE BELOW WATER

S ON LAND

















JEFFREYSBAY CAMPSITE

Since 1946



Creating Life Transforming Experiences

A campsite perfect for small and large school, church and sport groups, or for a family to enjoy a holidays in Jeffrey's Bay. Situated in the lovely Jeffrey's Bay, the campsite lies 200 meters from the main beach. It is a secure site, with safe parking for vehicles.

Residents can walk from site to all the near attraction like, surfing, super tube, putt-putt, laser games, Billabong Village, craft coffee and beer restaurants, small shops and much more.

As organisation we offer the following services:

Facilitated programs for - leadership development, team building, rugby clinics, outcome based programs and tours.

Catering - selected menu for camps, small functions, conference, platters, etc.



WHAT DO WE OFFER?



Accommodation:

7 Houses (max. 18 people)

4 Small Bungalows (max. 4 people)

1 Big Bungalow (max. 6 people)

Facilities:

2 Conference Rooms (20 people)

2 Halls

Spacious Stoep with braai facilities

Large ablution facilities

Laundry Room

Volleyball Court (sand)

200m from main beach



Bookings:

042 293 1159 sharnel@vcsv.co.za

Facebook:

VCSV Jeffreysbaai / UCSA Jeffreysbay

Office Hours:

Monday to Friday 08:00 - 13:00; 14:00 - 16:00 CLOSED on public holidays, Saturday and Sunday









Goodland Fountain Estate Group Camp Venue













GOODLAND ESTATE is nestled in the peaceful Seringveld Nature Conservancy 45 km from Pretoria and 15 km from Cullinan.

Three unique facilities on two different farms for group camps, such as youth camps, adventure training, team building, prayer retreats, church camps and day hiking.

GOODLAND FOUNTAIN (main camp) offers:

Accommodation for groups of 60-100 Large multi-function hall and kitchen

Veranda with seating for 50 diners Luxurious lawns ideal for group games and team building activities A boma for campfires

Two swimming pools for supervised swimming Barn (8mx16m) for indoor activities and games.

Garden with secluded corners for contemplation

CASA RIPARIA ('The River House') offers:

A serene, secluded venue by the dam wall En suite accommodation for groups of 10-20 (Four rooms with five beds each).

Attractive function hall (5mx8m) for parties and events

A boma for campfires A small but equipped kitchen

KAMP REYNARD offers:

20 caravan stands

Accommodation for groups of 20-50

Hall (17m \times 7 m) for church activities, lectures, group games or dining Vast veranda (30m \times 3 m) for socializing, relaxing and regeneration 80 Hectares of bushveld with hills, valley and stream for getting away from it all

Trails for hiking and nature study

Shallow swimming pool (1 m deep throughout) for supervised swimming

Spacious lawns ideal for group games, tents or caravans

A boma for campfires
An equipped kitchen

Kamp Reynard forms part of the GOODLAND ESTATE, although it is situated on a different and has an impact and makes a difference - either separate farm on the opposite side of the Boekenhoutkloof. Although it is not a fenced game farm, it forms part of the Seringveld Conservancy and takes pride in the richness of its unspoiled nature.

GOODLAND **ESTATE** Christian establishment that has been dedicated to the Lord. We have been blessed so richly by the Lord that we earnestly seek to channel this blessing to everyone who comes through our gates. We have also been blessed very richly by visiting groups who have established places of worship. We sincerely wish every visitor to be touched by the living presence of the Lord on our land, and to experience his blessing, peace, healing and regeneration.

We believe that every visitor passing through positively or negatively. We are deeply grateful for every thought, word or deed that actively seeks to honour the Lord's presence on our land. And we are deeply concerned about anything that casually or purposefully dishonours Him.

In this vein we actively discourage excessive use of alcohol, music that is heard outside the walls of the building where it is played, noisy quadbikes, littering, etc.

And we welcome every visitor who reveres and enjoys this wonderful world created for and entrusted to us.

HE MAKES ME LIE DOWN IN GREEN PASTURES. HE LEADS ME BESIDE QUIET WATERS HE RESTORES MY SOUL (Psalm 23)









Glenrock is set on a large 640Ha Highveld farm, only 2 hours from Durban, and 4 hours from Gauteng.

The farm is between Mooi River and Greytown off the R622, about 34km from Mooi River, in the hills above Rietvlei.

The beautiful dams are stocked with Rainbow and Brown Trout and add to the picturesque surrounds.

Glenrock is a fantastic camp destination and boasts with a beautiful Edu-Venture centre.

It caters for young and old and specializes in

Teambuilding,
Leadership, School
Curriculum
excursions,
Adventure Camps
and Group Bonding.

Glenrock Game and Trout has 7 fully equipped, selfcatering units and three lovely dormitories.

A total of 160 people can be accommodated, 80 people in our dormitories and a further 80 people can be accommodated through-out the cottages.

Glenrock Edu-Venture Centre was established in 2007 with the purpose of offering a good quality camp experience to Schools, Churches and other organizations.

The Edu-Venture
Centre has grown
exponentially over
the years and we
are very proud to
be able to offer so
many diverse
camps.

Our instructors are very experienced and excellent at facilitating groups with teambuilding and leadership camps. The activities on offer are well thought through and will bring out the best in everybody who takes part in these camps.

Glenrock is the ultimate destination for your camp in the Midlands



Office number: 087 808 5757 E-mail: douglas@glenrock.co.za

Cell: 0822295449 Web: www.glenrock.co.za



Besides the Camp facilities we also offer some very exciting activities and things to do: Animal Farm; Play Park, 250m Zipline, Tree Climb, Hikes, Mountain Bike trails, Fishing, Bird Watching and Game viewing to name a few.

We have a large Dining hall with a fully equipped kitchen, we can cater or you can hire the kitchen and cater yourselves.

There is also a very large hall available. This could be used for readings, activities or conferences.

Get ready to be inspired







WHO ARE CHILDREN IN NEED OF CARE AND PROTECTION?

Children who -

- are abandoned or orphaned, and are without any visible means of support
- are exposed to abuse: sexually, emotionally, psychologically, physically and socially
- live and work on the streets
- are addicted to dependence-producing substances, and have no support to obtain treatment for their substance-dependence/ addiction
- display uncontrollable behaviour
- → are in a state of physical and mental neglect
- → are physically or/and mentally challenged
- → are being maltreated, degraded and neglected deliberately by a parent or caregiver, or by a person who has parental responsibility
- are victims of child labour
- are in child-headed households

TO REPORT ABUSE CALL SAPS CRIME STOP 08600 10111

You do not have to identify yourself



SCHOOL DAY TRIP CHECKLIST

- PERMISSION SLIP
- SUNSCREEN
- LUNCH
- SNACK
- NOTEBOOK AND PEN
- DRI-MAC JACKET
- EXTRA CASH
- CAP/UMBRELLA
- WATER BOTTLE





EXPLORE & EXPERIENCE THE BEST

OF MOTHER NATURE

PENINSULA TRAIL:

WATERFALL TRAIL:

BUSHPIG TRAIL:

KUDU TRAIL:

VERVET TRAIL:

HIPPO VALLEY TRAIL:

Distance: 2,3 km

Distance: 2,3 km

Distance: 2,2 km

Distance: 1,4 km

Distance: 1 km

Distance: 10 km

Duration: 1 1/2 hours

Duration: 1 ½ hours

Duration: 1 1/2 hours

Duration: 1 hour

Duration: 1 hour

Duration: 6 to 7 hours





WWW.FOREVERSWADINI.CO.ZA











STRAWS SUCK!



Enough to fill 127 school buses.

WHAT A WASTE!

energy intensive processes on the planet.

Oil must be located and drilled for. shipped to a factory and turned into loaded onto trucks to be distributed.

Now think of all the pollution involved!









All that for an object that provides about 10 minutes of use and

STRAWS DO NOT BIODEGRADE



THEY PHOTODEGRADE

FOREVER ∞

STRAWS ARE NOT RECYCLED





SO WHAT HAPPENS TO STRAWS

SOME ARE INCINERATED

This generates toxic emissions which pollute the atmosphere and contribute to climate change.

at every stage of their existence: manufacture use and disposal



MOST GO TO LANDFILLS There they're buried in the ground and leach

harmful chemicals into the soil and groundwater.

THE REST END UP IN THE OCEAN

Because straws are ting, lightweight and buoyant they have the ability to travel great distances.

They float down rivers and sewers and into the sea. Eventually they join great garbage patches that choke and poison the food chain.

Harmful chemicals, leached by plastics, are present in almost every person's bloodstream and tissue -

DURING THE 2016 INTERNATIONAL COASTAL CLEANUP 86%

IMILION SEA BIRDS,

|00.000**MARINE MAMMALS**

1 OF THE TOP 10

MILLION



60 to 80 %

REDUCE, RE-USE, RECYCLE REFUSE DON'T BE A SUCKER Say NO to straws!

Printed on recycled pap

WE ARE ALL PART OF THE PROBLEM. LET'S BE PART OF THE SOLUTION!

INTERNATIONAL COASTAL CLEANUP DAY!

Two Oceans AQUARIUM



So baie skoolverlaters is nie seker wat om na matriek te doen nie. Daarom is dit 'n goeie idee om na skool 'n breek te neem en binne 'n veilige omgewing te besin oor die opwindende maar uitdagende toekoms wat op jou wag.

Die ATKV bied deur Postmatriek so 'n geleentheid om nie net keuses oor jou loopbaan en toekoms te neem nie, maar ook om deur ervaringsleer verskillende vaardighede te ontwikkel en terselfdertyd lewenslange vriendskappe te smee.





Van die
hoofdoelwitte van
die Postmatriekjaar is
om tydens 'n program gevul
met visie, doelwitte, avontuur en
uitdaging nie net leierskappotensiaal te
ontdek nie, maar ook die insig en vermoë te
ontwikkel om verantwoordelike en ingeligte besluite
rakende jou toekoms en loopbaanrigting te neem.



Persoonlikheidsontwikkeling

Fokusareas binne hierdie aspek van die program sluit in algemene lewensvaardighede, persoonlikheidsontleding, emosionele intelligensie, leierskapsontwikkeling, groepdinamikaaktiwiteite, kommunikasie, probleemoplossing en konflikbestuur.

Toekomsbeplanning

Loopbaanvoorligting en begeleide loopbaankeuses word individueel deur 'n bedryfsielkundige bepaal. Ons verseker ook skaduwerk waar jy die geleentheid kry om verskillende beroepe te ervaar en 'n verdere doelwit is om jou te help bou aan 'n indrukwekkende CV.

Straatskerp

Hier fokus ons op selfstandigheid deur aandag te gee in ons program aan algemene regsbeginsels, persoonlike finansies en begrotings, entrepreneurskap, basiese besigheidsbestuur, projekbestuur, etiket, aanleer van Zoeloe en algemene beginsels in Afrikaanse skryfkuns, seksualiteit, wapenvaardigheid, selfverdediging, basiese doen-dit-self-vaardighede, kompas-, kaart- en GPS-navigasie, veldkookkuns, huishoudelike vaardighede (kosvoorbereiding, huishouding).

Avontuur

Verskuif grense en leer om buite jou gemaksone oplossings te prakseer deur Bergfietskursus, Skubaduik, Stap- en wildernis-ekspedisies, Perdehantering en ruiterkuns, Witwaterroei (River rafting), Abseil en rotsklim, Avontuurresies en -oriëntering, Jag- en slagkuns, Kampkuns, Avontuurfasilitering en -aanbieding, Veldoorlewing, Noodhulp: vlak 1 en 2, Voël- en boomidentifikasie

Pret

Sosiale vaardighede word ontwikkel deur kultuurervarings, 'n bergfietstoer en buurlanduitstappies na Lesotho. Mosambiek en Botswana.

Akademie

'n Keuse van een uit van 19 geakkrediteerde aanlyn kursusse word gemaak om tydens jou Postmatriekjaar te doen. So word krediete bymekaar gemaak vir die rigting waarin jy belangstel, 'n rigting om te ondersoek of bloot net te werk aan jou indrukwekkende CV.



6 REASONS WHY

WETLANDS

ARE IMPORTANT

I. THEY PRESERVE OUR WATER



2. THEY HELP CONTROL EROSION

In a dry country like South Africa, the role of wetlands in trapping sediments, before the sedimentladen water joins a river course and just washes away, is essential.



3. THEY PROVIDE SHELTER



4. THEY PROVIDE FOOD FOR LIVESTOCK

Wetlands provide good areas for grazing, and the variety of grasses. along with a supply of running water, can be beneficial to farming livestock.



5. THEY PROTECT BIODIVERSITY



6. THEY PROVIDE RECREATION

We get to enjoy nature walks, picnics, birding, fishing or even sailing in wetlands, Cape Town has many wetlands to enjoy! Love your wetland.





EVERY DECADE THE GLOBAL PLASTIC PRODUCTION DOUBLES



A THEO OF ALL PLASTIC IS ONLY USED ONCE, AND ALMOST IDS OF ALL OIL IS USED TO MAKE PLASTIC



HOW LONG IT TAKES FOR A PLASTIC BOTTLE TO DEGRADE



MARINE SPECIES THREATENED BY OCEAN PLASTICS



ESTIMATED AMOUNT OF PLASTIC TRASH FLOATING ON THE SURFACE OF THE OCEAN



OF THE POLLUTION IN THE OCEAN ORIGINATES ON LAND SO THAT'S WHERE IT SHOULD BE STOPPED

Prevention is better than the cure. Stop littering. Start recycling. Clean a beach or a river. Persuade others to do the same.

Join us in making a difference, today.

Two Oceans AQUARIUM



In terms of the Children's Act, 2005 (Act No 38 OF 2005), -

- → Failure to report child abuse, neglect, and exploitation to the police and social workers constitutes a criminal offence.
- Parents and caregivers have the responsibility to ensure that their children are safe at all times.

PARENTS MUST -

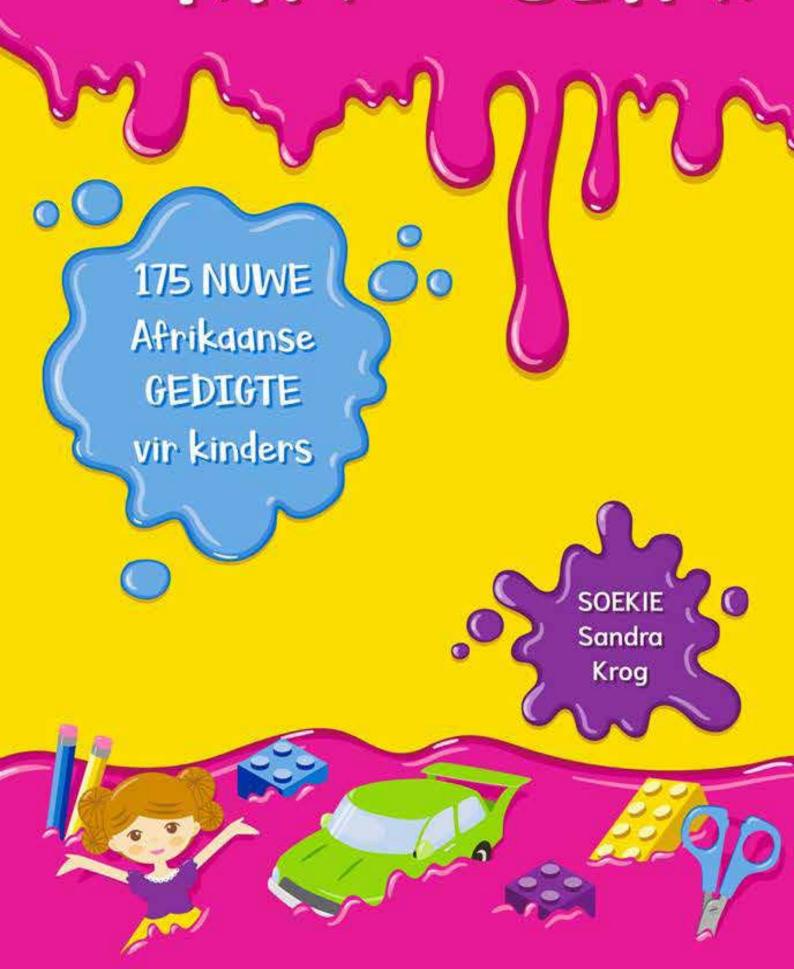
- make it their business to know where their children are and what they are doing
- Always ensure that their children are under the supervision of a trustworthy adult.
- Immediately report to the police when their children are missing (do not wait 24 hours!)
- teach their children to know their home address and their parent's/ caregiver's names and contact details.
- Know that it is an offence to groom a child for sexual purposes. Encouraging a child to have a sexual relationship in exchange for material gain or money is exploitation.
- → Know that it is a criminal offence to force a child to perform hazardous, exploitative work that is inappropriate for a person under the age of 18 years.

TO REPORT ABUSE CALL
SAPS CRIME STOP 08600 10111





wat RYM met SLYM?



Sonder 'n ma sou ek niks wees nie Ek sou nie behoorlik kon skryf of lees nie Ek sou elke oggend te laat opstaan En eers tweede pouse skool toe gaan



Daar is verseker geen kind wat nie van rym hou nie – dis soos slym. Slym is glad en koel en taai en klou vas aan alles. Rym sit ook vas: jy kan dit nie vergeet nie.

Hierdie bundel bevat **175 NUWE** kinder-en-kleutergedigte: 'n mengelmoes van kort en lank, snaaks en ernstig, beestelik en geestelik.

Dit is uiters geskik vir:

- VOORDRAG konserte en kunstefeeste.
- CAPS kurrikulum verskeie temas.
- OPVOEDKUNDE inligting oor diere, land, ruimte, ens.
- LEES taalvaardigheid, klank, lettergrepe, idiome en rym.
- GEHEUE begripstoetse, raaisels en vrae.
- GEESTELIKE groei leer Bybelkarakters-en-verhale.

Soekie Sandra Krog is jare lank bekend vir haar kindermusiek (met die Radikids), Radio-aanbiedings en Storieboeke. Sy ontwikkel geestelike leerplanne vir gemeentes en skole asook musiekprogramme vir onderwysers en kinders. Sy woon in Hartbeespoort saam met haar man, Johan.



"My wens is dat elkeen hierdie rympies sal lees, leer en geniet... en self sal begin skryf. Niemand is te groot of te klein om self te rym nie!"

www.soekiekrog.com youtube.com/c/SoekieSandraKrogRadikids soekiekrog@gmail.com





Water is reusable, but not renewable. The water we have now is the same water we will have in 2040



The water from your tap could contain molecules that dinosaurs drank It takes between 3 and 5 litres of water to produce 1 litre of bottled wate



It takes 200,000,000 litres **per** second to the planet

Put mulch in your flower

If the entire world's water were to fit into a **4 litre jug**, the fresh water available to us would equal beds. It keeps the sun off only about one the soil and retains water tablespoon

It requires **75 litres** of **water** 10 produce 1 glass of beer and 120 litres of water to produce a glass of

'We never know the worth of water till the well is dry. '

Thomas Fuller

Aquarium's are waterless

South Africa 3rd rated the world supplying safe, drinkable tap water

In South **Africa** every person is

'We forget that the water cycle and the life cycle are one.

Cousteau

Save water

Use a **bucket** to

wash your car

To avoid rapid water evaporation, water your garden during the **coolest** part of the day

Avoid hosing

down hard surfaces

or paved areas

with **potable**













Recycle greywater from the bathroom and kitchen your to. water plants

Did you know?

It is **against**

the law to

water your

garden

between

10:00 & 16:00

Jacques Yves

rather shower

Most of South Africa's water used for irrigation

🐎 Two Oceans AQUARIUM www.aquarium.co.za

ASSESS THE RISK TO YOUR HOME

OUTSIDE YOUR HOUSE

Big and wide roads are the best to get trucks to your buildings,

high	
medium	
iow	Г



Trees and grass growing close	
to your building should be	
removed.	
	Jan Jan Day

1000
Steep slopes
mean bigger fires
and houses are
more likely to
burn

medium

high	
medium	
low	

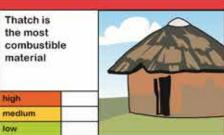


10	
11/1	0

WHAT BUILDING MATERIALS ARE USED IN YOUR HOUSE?

Wooden
structures are
flammable. Dry
wooden eaves
can ignite in a
veld fire.

high	1
medium	1
low	



Expose	d wooden
frames	in
corruga	ated iron
building	gs are
danger	ous

high	
medium	
low	

Make sure that

high medium

Make sure that the area around open flames is clear,

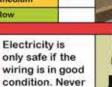
low	
Make su	re that



INSIDE YOUR HOUSE

Make sure that
candles and
lamps don't fall
over

high	
medium	
low	



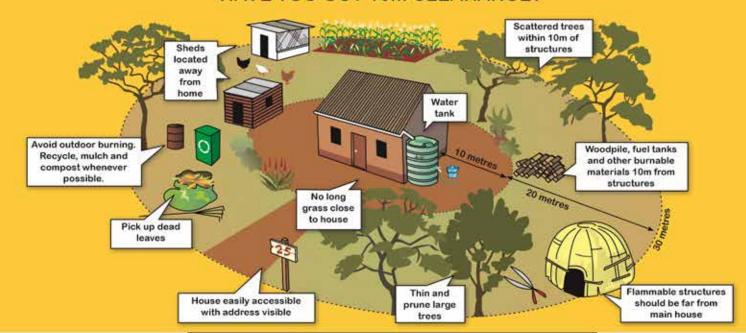
high	1
medium	
low	1

overload plugs!



HOW DID YOU RATE FOR THE ABOVE? CAN YOU CHANGE THESE RISKS?

HAVE YOU GOT 10m CLEARANCE?



FIREWISE Tips





HAVE A PLAN to put out fire

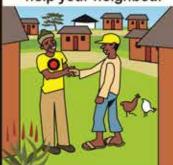


Know EMERGENCY telephone NUMBERS



HAVE EQUIPMENT to put out fire





PLASTIC SHOPPING BAGS CAN TAKE UP TO 1000 YEARS TO BREAK DOWN IM LANDFILL





PLASTIC BAG PRODUCTION CONTRIBUTES TO POLLUTION AND ENERGY

EVERY YEAR CONSUMERS USE enough SHOPPING BAGS TO WRAP AROUND PLAME

USING REUSABLE BAGS STATEMENT OF SUPPORT FOR THE VIRONMENT

BETWEEN 500 BILLION TRILLION BAGS ARE WORLDWID EVERY YEAR

PLASTIC BAGS END UP AS LITTER IN TREES. STORM WATER BEACHES. ON AND IM THE C







SMALL, TOXIC PIECES OF PLASTIC IM FOOD THEN





PLASTIC BAGS MADE NON-RENEWABLE **NATURAL RESOURCES** LIKE OIL AND COAL

sa consumers USE APPROXIMATELY SHOPPING

PLASTIC BAGS DON'T BIODEGRADE. PHOTO-DEGRADE THEY AND BREAK **SMALLER** AND INTO **SMALLER** TOXIC BITS

CONTINUOUS USE OF REUSABLE BAGS MONEY

APPROXIMATELY BILLION EABIRDS AND MARINE MAMMALS DIE EACH YEAR From ingesting PLASTIC BAGS

AVERAGE REUSABLE BAG HAS THE LIFESPAN OF HUNDREDS OF DISPOSABLE





PLASTIC





BAGS

PIECES BURIED PLASTIC **BAGS CONTAMINATE** SOIL EACHING CHEMICALS







Connecting a wide audience with nature



Two Oceans Aquarium Environmental Education Centre Booking Pack





Welcome to the Two Oceans Aquarium Environmental Education Centre

School Groups - Discovery Centre lessons:

The Two Oceans Aquarium's Environmental Education Centre has a range of lessons designed to complement your visit and to focus the minds of your pupils on what they will experience when walking through the Aquarium.

Each lesson focuses on a specific marine topic as well as general marine environmental issues. The lesson options are broadly CAPS compliant. This enables you to choose a topic related to class work that you might be covering during the year. Your visit to the Aquarium could thus serve as an introduction to a subject or revision of the subject.

You are welcome to consult with our teaching team, before your visit, to arrange an activity specific to your requirements.

Enrichment Courses:

Our Marine Sciences Academy programme comprises several courses that cater for young people who have a passion for the ocean and who may be interested in a career in Oceanography or Marine Biology.

These courses focus on interesting animals and environments. The Young Biologist course is aimed at Grade Tens who are interested in becoming Aquarium volunteers. Our Marine Science components provide enrichment for Grade Elevens who are interested in studying Marine Science at tertiary level. These courses and components are conveniently presented over weekends and school holidays. Please see further details on these courses in this booklet or visit our website on www.aquarium.co.za.

Contact Details:

For school group bookings, please contact Carrin Virèt on schools@aquarium.co.za or call +27(0)21 814 4559.

For more information on our enrichment programmes and how to apply, please contact Katja Laingui on education@aquarium.co.za or call +27 (0)21 814 4555.

EDUCATION PHASES

The Two Oceans Aquarium Environmental Education Centre offers stimulating programmes that complement the school curriculum for all education phases. Each education phase is colour coordinated.

FOUNDATION PHASE Grade I - 3 INTERMEDIATE PHASE Grade 4 - 6	SENIOR PHASE Grade 7 - 9		FET PHASE Grade 10 - 12	
Underwater wonders	✓	~	✓	~
Fish lesson	✓	~	✓	~
Water conservation		*	✓	
Plenty of fish in the sea!		*	✓	
Rocky shore ecology		~	✓	~
Shark lesson		✓	✓	✓
Exploring under our oceans		~	✓	~
Structures and skeletons		*	~	
Four pillars of smart living		*	✓	
Kelp forest and holdfast ecology			✓	~
Data collection				~
Marine sustainability issues			✓	✓
Biodiversity				~
Invertebrates				✓
Ecotourism in our two oceans				~

DISCOVERY CENTRE LESSONS

Our activities guide students to discover and learn about freshwater, coastal and marine ecosystems through hands-on learning.

Should you wish your activity to relate to a different topic, we would be happy to discuss your requirements and structure an activity accordingly. Please discuss this with our Bookings Coordinator.



Underwater wonders

Recommended for touring groups and groups visiting the Aquarium for the first time.

This exciting hands-on investigation of a selection of live rock pool animals enables multi-sensory exploratory learning about various adaptations for survival.

For more senior grades we include food chains, food sustainability and marine environmental issues.

Suitable for all phases











Fish lesson

An activity aimed at investigating how fish have adapted to living in water as well as providing an introduction to a few unique fish species.

In the past a fish dissection was done as part of this lesson. This is no longer done as sardines have been categorised a red-listed sustainable seafood product.

Suitable for all phases











Water conservation

A presentation on the importance of water and why we need to conserve it. Among other activities, this includes a hands-on investigation into how leaking taps waste water.

An understanding of percentages and the calculation of averages are essential for this activity.

Pupils are required to bring calculators and pens for this lesson.

Intermediate and senior phase, Grade 6 onwards







Plenty of fish in the sea!

Is this statement true? We will look at: the various effects fishing methods have on our marine resources e.g. overfishing and bycatch; Define the concept of sustainable and unsustainable use; and discuss the Southern African Sustainable Seafood Initiative (SASSI) as a way for consumers, retailers and restaurants to choose more sustainable seafood resources.

Suitable for Grade 9s







Rocky shore ecology

This lesson activity introduces students to animals and plants found in rocky shore ecosystems. It also investigates the factors that influence their distribution. This activity can be in preparation of a rocky shore visit before you take your class to the seashore...

You can also book one of our teachers to do a follow-up lesson at a rocky shore near you.

Intermediate, senior and FET phase, Grade 6 onwards









Shark lesson

An investigation using live shysharks to discover more about cartilaginous fishes and how they are related to bony fishes.

We discuss the importance of sharks and their endangered status and debate whether they really deserve the negative reputation they currently have.

Intermediate, senior and FET phase









Exploring under our oceans

Learn more about wrecks around the Cape coast and how they have become fantastic homes for all sorts of plants and animals. Each lesson also includes a handson introduction to some of the highlighted animals. (i.e. brittle stars, sea cucumbers and shy sharks.) After the lesson, the exploration can continue in the Aquarium, which showcases a multitude of habitats and organisms from our own offshore environments.

Intermediate, senior and FET phase









Structures and skeletons

A look at support structures and skeletons in animals focussing on invertebrate and vertebrate classification, using live animals as examples, where possible. We refer to fish, sharks, and rock lobsters and have arthropod exoskeletons as well as live sea anemones and sea urchins in the lesson for hands-on observation.

Suitable for intermediate phase From Grade 5 - 8 and Senior.







Four pillars of smart living

This lesson seeks to introduce the four pillars of Smart Living; then focusses on Biodiversity, using our coastline, the Aquarium displays and live animals in the classroom to illustrate the topic. The next phase of the lesson highlights littering, how much terrestrial litter ends up in the ocean and what practical measures can be taken to minimise this issue. This is rounded off with a practical exercise on sorting and recycling common litter items.

Suitable for Grade 6 - 9s







Kelp forest ecology

This hands-on activity explores kelp forest ecology, including the fascinating animals that can be found in the kelp holdfasts.

Pupils will be introduced to the kelp forest ecosystem, its resident invertebrates and how they have adapted to survive.

Suitable for senior and FET phase, Grade 8 onwards







Data collection

A hands-on activity in which students perform an investigation into sustainable pilchard harvesting. This is done through the scientific method of establishing the mass and length of pilchards in order to generate data which is collated and processed to be used for discussion on seafood sustainability.

Pupils should bring pens.

Suitable for senior and FET phase, Grade 9 onwards







Marine sustainability issues

An investigation using some live animal ambassadors to explore the concepts of biodiversity, sharks in crisis, seafood sustainability and marine pollution.

Suitable for senior and FET phase, Grade 8 onwards







Biodiversity

This activity is a hands-on investigation of the geographical and biological diversity of our two oceans, using a range of local rock pool invertebrates.

Suitable for FET phase





Invertebrates

Scientific classification, definitions and principles of basic zoology are dealt with through a hands-on study of various animals representing a range of invertebrate phyla and classes.

Suitable for FET phase





Ecotourism in our two oceans

This activity highlights the difference between the cold Atlantic and warm Indian Oceans and how they affect ecotourism along the South African coastline.

Also involves a hands-on study of some common rock pool inhabitants.

Specifically for students studying tourism.

Suitable for FET phase

SCHOOL GROUP BOOKINGS

Accompanying adult supervision

- For Grades I I2, we require I adult to every I0 children, but can accommodate two adults within the same price range.
- For Grades 0 R, we require I adult to every 5 children, but can accommodate two adults within the same price range.

Adults need to supervise their assigned group at **ALLTIMES**.

Booking

- Book your Aquarium visits a minimum of two weeks in advance.
- Select topics that are applicable to your classroom and your children.
- Select more than one date, as your first choice might not be available.
- Bookings for multiple days need to be completed on separate booking forms.

Confirmation of visit

Once your booking form has been received by the Aquarium, an invoice will be sent as confirmation of the booking. If you have not received an invoice within 24 hours, please contact the Booking Coordinator on tel: +27 (0)21 814 4559.

Payments

- Bus payments are to be made one week prior to the visit. We will only book the bus once payment has been received.
- Payments for the visit can be made beforehand, or at the Aquarium on the day of your visit.
- Please send pre-payment proof to fax: 086 6794078 or email: schools@aquarium.co.za
- · Please bring proof of payment with you on the day of your visit.
- No group will be allowed access into the Aquarium without payment.

Account details

Please arrange an EFT payment into the following account:

Bank: Nedbank I Account Number: 108 329 0614

Branch: Foreshore Branch Code: 108 309

Cancellations

One week notice is required.

Eating areas

There are benches outside the Aquarium where the children are more than welcome to sit and eat. If it rains, an alternative plan can be made on the morning of your visit. There are no holding areas for lunch bags / packs.

Be on time

Allow time for parking, restroom visits, etc. Please contact the Bookings Coordinator if you are running late.

GET INVOLVED

Sponsor a Child's Visit / Adopt a School

Many children in the Western Cape have never been to the Aquarium. Many have never even seen the sea. The Two Oceans Aquarium's "Sponsor a Child's Visit and Adopt a School" programmes enable visitors and other interested parties to sponsor a child's visit to the Aquarium. Sponsored children will be treated to a hands-on discovery activity presented by one of our highly trained and skilled education staff.

Visit www.aquarium.co.za to learn more and to make a contribution.

Rethink the Bag

The Two Oceans Aquarium supports the Rethink the Bag campaign. This campaign aims at having single-use plastic bags banned in South Africa. To this end, the Two Oceans Aquarium, in 2011, banned all staff and volunteers from bringing single-use plastic bags onto the premises.

Visit www.rethinkthebag.org to learn how your class can make a difference to the environment by supporting this campaign and saying NO! to plastic bags.

Penguin Promises

The Two Oceans Aquarium is proud to be associated with the Penguin Promises campaign and encourages everyone to join the movement. This is not a fund-raising campaign, but rather an awareness campaign that urges people to make a change in their lives that will have a positive impact on the environment.

Visit www.penguinpromises.com to make a promise and a difference!

PUPPET SHOWS

Our Early Childhood Development (ECD) puppet shows help children to learn in a fun and interactive way.

Should you wish to customize your activity, please make an appointment with our teaching staff at least one week prior to your visit.

Please indicate the name of the activity and preferred time on booking form.





Duration: 30 minutes



Suitable for: foundation phase

Marine Food Chains

This puppet show illustrates who eats what and who in the ocean.

*Keep the Beach Clean

A puppet show illustrating the dangers of litter on beaches and the value of recycling.

*I Love Turtles

This puppet show illustrates the difference between turtles and tortoises and the danger marine debris poses to marine animals.

*Water Cycle Adventure

Meet a fluffy cloud, the hardworking sun, the cutest raindrop and a big old tree. Together these friends teach about the importance of water and how to save this precious resource.

*Puppet Books available for these puppet shows.

*I Live Smart

Meet some interesting sea creatures like clownfish, sharks, penguins and seals while learning about living smartly.

A storybook and 12 printable activity sheets are available for this puppet show.

*My Wild Pets

Join Beauty and Geo on their latest adventure as they learn about the differences between pets and wild animals; how to love, respect and care for all animals. Also learn about sea stars as we meet a sea star who journeys from the ocean to the Aquarium becoming an ocean ambassador.

*Wetlands not Wastelands

Let Thalie and Geo teach you all you need to know about where your rubbish goes and how to help the environment by using the five important Rs - Refuse, Redue, Reuse, Recycle and Responsibility.



GET IN TOUCH

Two Oceans Aquarium
Environmental Education Centre

School group bookings

Tel: +27 (0)21 814 4559 Fax: +27 (0)86 679 4078 Email: schools@aquarium.co.za

Enrichment programmes

Tel: +27 (0)21 814 4555 Fax: +27 (0)86 686 5893

Email: education@aquarium.co.za



SHAR PARSONE OR FASCINATING? Are sharks really the man-acting and acting acting and acting acting and acting actin

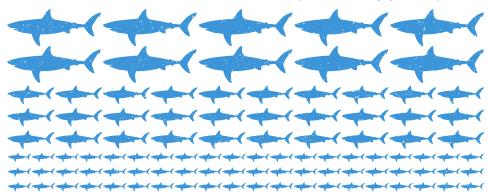
them out to be? Or are they simply misunderstood?

An average of 4 fatal shark attacks occur worldwide each year.





It's estimated that humans kill at least 100 million sharks a year. That's roughly 11 000 per hour!



IT'S TIME TO STOP BEING AFRAID OF SHARKS AND START BEING AFRAID FOR THEM

Sharks are slow-growing and late-maturing. They give birth to few young, making them extremely vulnerable to overexploitation.



Decline in shark populations in the last 20 years.



At this rate, sharks will be extinct in the next 10 to 20 years.



Percentage of sharks killed for shark fin soup.

CRUEL AND

WASTEFUL

The fins are often cut

from the shark while

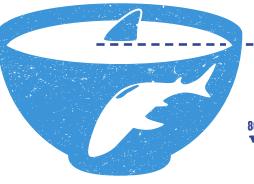
it is still alive. Its body is thrown back into the sea where it dies a

slow and cruel death.

SHARKS BELONG IN THE OCEAN, **NOT ON THE MENU!**

STATUS SOUP

Shark fin soup is a traditional Chinese meal served as a demonstration of wealth and respect to impress guests.



5% USED

95 % WASTED

8000 TONS



Over 8,000 tons of shark fins are processed each year.

SHARKS ARE JAWSOME!

Sharks' teeth grow in rows like a conveyor belt. As teeth are worn down or fall out, new ones move forward to replace them. A shark can lose up to 30 000 teeth in a lifetime.



With eyes on opposite sides of their heads, sharks can see almost 360 degrees.

OLDER THAN THE DINOSAURS

There is evidence to suggest that

sharks have been on Earth for

more than 420 million years.



SWIMMING NOSES

Sharks have a highly developed sense of smell. They can detect one drop of blood in a million drops

of water.

PREDATORS WITH PURPOSE



Sharks are apex predators. They are often at the top of the food chain and play a vital role in keeping the ecosystem healthy and balanced. The extinction of sharks would have devasting effects on the oceans. **GENTLE**

Whale sharks are the biggest fish in the sea, reaching 12 metres in length. Despite their size, their teeth are no bigger than human baby teeth. They feed on plankton.



Their skin can be up to 10 centimetres thick!

SHARKS ON DISPLAY AT THE AOUARIUM











RCAIS SOMETHING'S WITCHE

tell us.

Childline

7 08000 55 555















SCHOOL CAMPS

We keep the learners busy from 7:30 - 20:30 during camp! This helps us to reach the goals set out with camp and ensures that learners challenge themselves in all our different activities!

From team building, adventure, leadership and just-for-fun camps - we've got it all:)

- · Zip lining
- · Extreme climbing
- Raff building
- Abseiling
- · Horse riding
- obstacle course
- Bushmen Paintings
- Various of group dynamics / leadership / feam building games
- Sterk sprvit waterfall hike
- · Night hike Potjie cook off
- · camp concert Stalk the lantern

Our programmes get set up according to the group needs and the outcomes for camp.

We also have the brilliantly talented Drakensberg Boys Choir as our neighbour, Falcon Ridge Birds of prey Cenfre and the Dragon's Rock Repfile park close by. A must see, but at additional costs.

The Waffle huf and KZN Weavers also offer some good treats, along with our friends from



ACCOMMODATION

We can happily accommodate camps up to 100, plus support staff. Boys and girls are in two separate wings, separated by the dining hall. In the two wings, sizes of dormitories range to sleep 6 -32 each. Unfortunately we do not provide linen for these rooms and learners should bring their own sleeping bag and pillow. There is a communal bathroom on each wing.

The teachers' accommodation is right at the end of each wing, and in these rooms linen, to the maximum of 4 persons, are provided. Our bus driver's room is set out nicely with linen provided to the maximum of 2 persons.





WHAT TO BRING ON CAMP

- Sleeping bag and pillow, extra blanket in winter
- I-z sets of old clothing per day, always pack warm clothes too as the weather in the berg is very unpredictable
- A pair of walking shoes/cross frainers (crocs don't count)
- Sufficient pairs of socks (1 z pairs per day)
- · Fully waterproof raincoat
- · Swimming costume
- · z fowels
- Sun block and water boffle
- Sun hat / cap is essential
- · Torch and insect repellent

GATERING

Our food is healthy and filling - something to last us during all the fun from the activities: Meals depend on the dietary requirements of our groups, but below, a simple example of a menu:

Breakfast

- Scrambled eggs, sausages, fried tomatoes served
- with toast, margarine and jams.
- Various cereals.
- Fruit juice / tea / coffee.

Lunch

- Build a burger along with a fruit.
- Fruit juice.

Dinner

- Beef stew with rice and a green salad.
- Ice cream and chocolate sauce.

(Please note that we do not have a tuck shop!)



























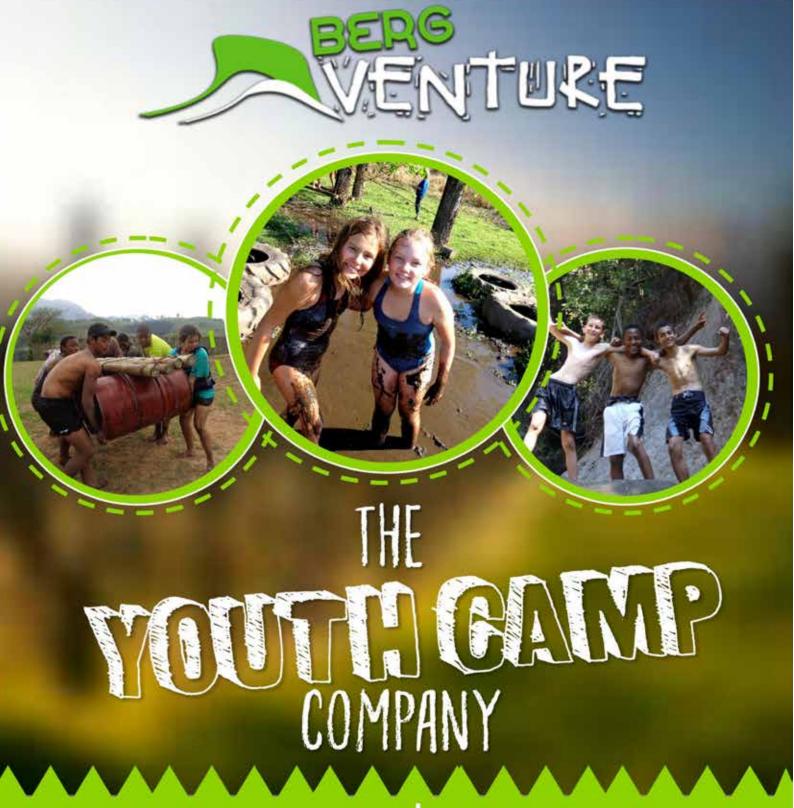












YOUTH AND SCHOOL CAMPS

ACCOMMODATES 100

LEADERSHIP & ADVENTURE CAMPS

GREAT FOOD

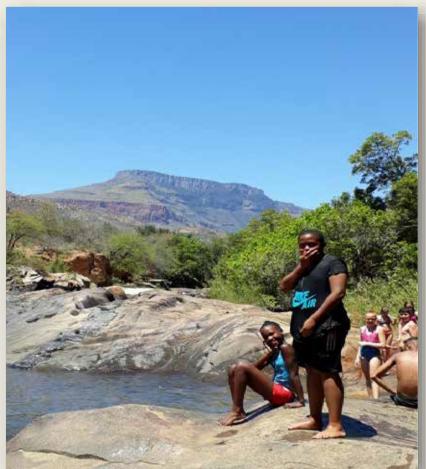
Nestled in the KZN Drakensberg

BERGVENTURE@FUTURENET.CO.ZA TEL: 036 468 1221

DISCOVER ADVENTURE



Blyde Adventure Camp



Not only do you have a huge selection of additional activities that you can book for your group at low fee's....

But you have a whole host of FREE activities that we offer as well! We'll help you design the perfect itinerary.













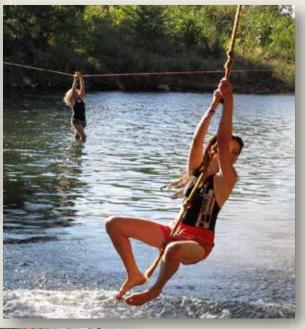
Activities at camp! Tubing I Obstacle Course I Kettie Paintball I River Crossing I Bush Survival I River Ecology I Team building I Bonsai Workshops I Leadership Development I Leadership Identification I Natural Bum Slide I Night Activities I Traditional Games I Educational Nature Walks

And so much more....it just depends what you want...so tell us what you want...what you really really want...





Activities at Camp and our surrounding area





But wait! There's More!









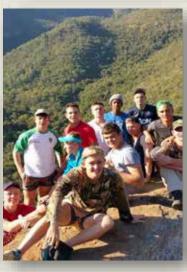














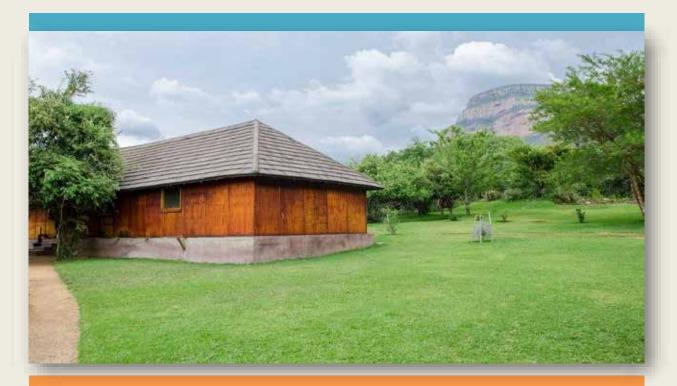


A last little peek at what you can do at our venue...





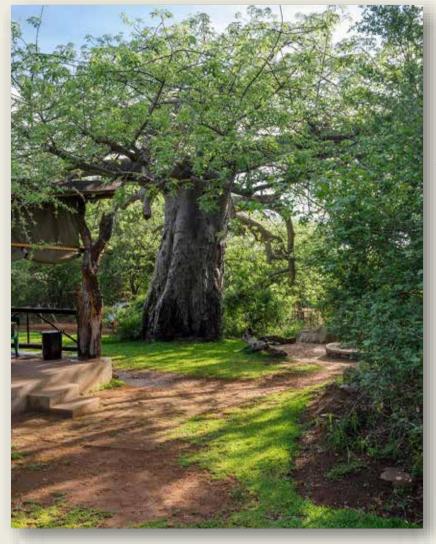
Visit our website for more photos



Accommodation
Three separate camps. Each with its own dining halls, volleyball courts, braai areas, chalets and dorms

Two camps have en-suite dormitories. One camp has separate ablutions that has been built wheelchair friendly





Contact our office on

- 079 388 2196
- ronel@blydeadventurecamp.com

With our years of experience we'll help you set up the perfect itinerary that not only suits your group – but your pocket too. And remember; we're always open to negotiations.

Visit our website for more photos of activities and accommodation.

www.blydeadventurecamp.com

Look! A special! It's amazing!

2018 special:

Book during the months of Apri

Book during the months of April, May or June and only pay 2017 prices.



- → It is a crime to possess drugs such as cocaine, nyaope, dagga, Mandrax, heroin, Wonga and tik that change the mood of behaviour of people.
- Mood-changing drugs are often linked to violent behaviour, and may contribute to crime.
- → It is a crime to sell cigarettes and liquor to children under the age of 18 years.
- It is a crime not to report incidents of drug smuggling, drug dealing and drug running in schools.
- Almost all drugs affect the minds of human beings, and are extremely dangerous.
- → Drugs dull all your senses.

FOR MORE INFORMATION CONTACT: SANCA HOTLINE 086 147 2622

TO REPORT DRUGRELATED CRIME CALL SAPS CRIME STOP 08600 10111

You do not have to identify yourself



The SNAKES of AFRICA

Southern Africa has 171 different types of snakes.

72 OF THEM ARE

50 ARE MILDLY VENOMOUS (BUT NOT CONSIDERED TO BE DANGEROUS)

29 ARE CAPABLE OF INFLICTING VERY PAINFUL BITES

20 OF OUR SNAKES ARE CONSIDERED POTENTIALLY DEADLY

40% of snakebite victims have dry bites with no antivenom required. of bites show signs of envenomation.

MOST DANGEROUS

The BLACK MAMBA is considered the most dangerous due to its size and potent neurotoxic venom.



SERIOUS SNAKEBITES

Most serious snakebites are inflicted by the Mozambique Spitting Cobra, Puff Adder, Stiletto Snake and Night Adder. They account for 90% of all bites.

MOST BITES OCCUR...

EARLY EVENING in warm summer months Jan-Apr.

Common Egg-eater (Dead

- WHERE? 84% of bites are below the knee.
 WHO? Largely males between 14-25 years of age.

WHEN BITTEN

need and receive antivenom.

... cut and suck

... apply a tourniquet

Transport the victim to the nearest hospital

Johan Marais | +27 82 494 2039 | johan@asiorg.co.za

www.AFRICANSNAKEBITEINSTITUTE.com



Die SLANGE van AFRIKA

Suider-Afrika het 171 verskillende tipes slange.

72 VAN HULLE
IS ONSKADELIK

50 IS MATIG GIFTIG
(MAAR WORD NIE AS
GEVAARLIK BESKOU NIE)

29 IS IN STAAT OM BAIE PYNLIKE
BYTE TOE TE DIEN

20 VAN ONS SLANGE WORD AS POTENSIEËL DODELIK BESKOU

van slangbyt slagoffers kry droeë byte wat geen gif toedien of teengif vereis nie.

50%

van slangbyte toon tekens van vergiftiging.

MEES GEVAARLIK

Die SWARTMAMBA word beskou as die mees gevaarlik as gevolg van hul grootte en kragtige neurotoksiese gif.



ERNSTIGE SLANGBYTE

Meeste ernstige byte word toegedien deur die Mosambiekse Spoegkobra, Pofadder, Sypikslang en Nagadder. Hulle is verantwoordelik vir 90% van alle byte.

MEESTE BYTE GEBEUR...

Con One Fiervretet (Dosh

- · VROEG-AAND in warm somer maande Jan-Apr.
- · WAAR? 84% van byte is onder die knie.
- WIE? Grotendeels mans tussen 14-25 jaar oud.

IN GEVAL VAN SLANGBYT

TEENGIF

MINDER AS 15%

van slangbyt slagoffers benodig en
ontvang teengif.

MOET NIE

📩 ... sny of gif probeer uitsuig nie

... 'n toerniket aanwend nie

🕇 ... teengif toedien nie



Vervoer die slagoffer na die naaste hospitaal





Johan Marais | +27 82 494 2039 | johan@asiorg.co.za

www.AFRICANSNAKEBITEINSTITUTE.com

SNAKEBITE

IF THE SNAKE RESPONSIBLE HAS BEEN IDENTIFIED —

In Boomslang or Twig Snake bites...



Common Boomslang - male



Cape Boomslang - male



Cape Boomslang female



Common Boomslang - juvenile



Twig Snake

In Adder, Stiletto or Spitting Cobra Bites...



Puff Adder



Gaboon Adder



Night Adder



Berg Adder



Stiletto Snake



Mozambique Spitting Cobra



Zebra Cobra



Black Spitting Cobra Photo Marius Burger

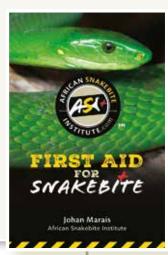


Black-necked Spitting Cobra



Rinkhals

In Mamba and Non-spitting Cobra Bites...



Black Mamba



Green Mamba



Cape Cobra



Snouted Cobra



Anchieta's Cobra



Forest Cobra



IF THE PATIENT EXPERIENCES DIFFICULTY WITH BREATHING

O Johan Marais African Snakebite Institute

WHAT TO DO...

Immobilise the patient and promptly transport to hospital.

IF THE SNAKE RESPONSIBLE HAS NOT IDENTIFIED

Elevate the affected limb slightly above the heart and immobilise the limb.

> **NO PRESSURE** BANDAGES

IF THERE IS PAIN AND SWELLING



TM

Wrap the affected limb in pressure bandages and apply a splint.

Apply mouth-tomouth resuscitation. Make use of a Bag Valve Mask.

IF THE PATIENT **EXPERIENCES** DIFFICULTY WITH BREATHING

PROMPTLY TRANSPORT TO THE NEAREST HOSPITAL



Volunteer programme



Make a difference.

Book now: bookings@naankuse.com

www.facebook.com/naankuse

Do you want to make a difference?

The N/a'ankusê Wildlife Sanctuary





Make a difference and book now:

www.naankuse.com bookings@naankuse.com www.facebook.com/naankuse

the Jane Goodall Institute South Africa Chimp Eden

Situated within the beautiful 1,000 hectare Umhloti Nature Reserve, 15 kilometres outside Nelspruit, the Jane Goodall Institute (JGI) South Africa Chimpanzee Sanctuary is home to chimps that have been misplaced from their natural habitats in Africa.

Chimp Eden was established in 2006 and is home to 33 chimpanzees. This JGI chimpanzee sanctuary brings the world of chimpanzees closer to humanity through education end eco-tourism.

The goal of the chimpanzee sanctuary is to rescue chimpanzees that have survived the bush meat trade, been orphaned, traded in the illegal pet market, or rescued from being traumatised for entertainment in circuses, beach resorts and night clubs.





The chimpanzees at Chimp Eden are the lucky ones, living out their lives in a risk free environment and being provided with the necessary attention to recover from the trauma they have experienced. The chimpanzees spend their days in semi-wild enclosures, and show normal social interaction and behavioural patterns as group members.

The South African chimpanzee sanctuary is proud to be part of the Jane Good Institute, which is a global leader in the effort to conserve and preserve endangered species and habitats, and in particular chimpanzees.





On your guided tour, each chimpanzee is introduced and their often sad stories are told in an effort to create awareness and educate the guests on the struggles wild chimpanzees face and what we all can do to help save an protect these beautiful creatures for our future generations.



The sanctuary is open to the public 7 days a week. Two chimpanzee families are visited on the 3 daily tours (10:00am, 12:00pm &14:00pm)

The sanctuary is a non-profit organization and rely greatly on donations from the public and the guests that visit the sanctuary and support us by doing a tour, becoming a chimpanzee guardian or simply buying

a unique gift in our curio shop.



What is a chimpanzee's favourite flower...?

A Chimp-Pansy

Tour prices

Adult: R185.00

Pensioner: R145.00

Children under 12: R80.00

We need your help!
Please come visit soon.

Tamu









Young Explorer Mammals







Pub date: April 2015 Price: R99,99 Language: English,

IsiXhosa, IsiZulu, Afrikaans Recommended age: 3-8 Designed for: iPad & Android tablets

File size: ± 300 mb

Sasol Young Explorer – Mammals is a beautiful, exciting and multilingual app that introduces young kids (3–8 years old) to the majestic wild creatures of southern Africa. The app seamlessly blends storytelling and game playing in a fun and educational way, which will keep kids engaged for hours at a time as they develop their reading and learning skills.

Young Explorer is beautifully illustrated throughout, with each animal presented separately and shown in its natural habitat. It is packed with fascinating facts: where the animals live, what they eat, how big they are, what their tracks look like, and when they are active. Calls and videos of animals in the wild provide extra entertainment for curious young minds.

Challenging, age-appropriate games are thrown into the mix, adding extra fun and pleasure to the learning experience.

There are four languages in the app – English, isiXhosa, isiZulu and Afrikaans. Kids can read descriptions, listen to narrations and play games in any of these languages, and easily switch between them within the app.

FEATURES

- Multilingual app with four languages (English, IsiXhosa, IsiZulu and Afrikaans)
- · Packed with accurate info written by a mammal specialist
- · Tap and listen to text in all four languages
- · Record and listen to yourself reading
- · Tap to play calls or watch videos
- Play interactive educational games (with multiple levels of difficulty)
- · Fun for kids to use on their own, with friends, siblings or older family members
- · Fosters a love of nature
- No collection of personal/location data, in-app purchases, advertising or external website links (except in the Help section which is protected by a parent gate)

YOUTUBE: Check out our app videos

https://www.youtube.com/channel/UCULXN2Enp3k9CMWfWgL48dw

WEBSITE: www.youngexplorerapp.com













MEDIA & BLOGGERS:

For further information or to request review copies please contact: Joanita Nel JNel@penguinrandomhouse.co.za 011 327 3550













Pub date: August 2015

Price: R99,99 Language: English, IsiXhosa, IsiZulu, Afrikaans

Recommended age: 3–8

Designed for: iPad &

Android tablets

File size: ± 300 mb





Sasol Young Explorer – Frogs is the second app in the new Young Explorer nature series for kids. Colourful, informative and stimulating, Frogs introduces young children (3–8 years old) to 55 of the most common and rare frog species found in southern Africa.

The descriptions of the animals – in English, isiXhosa, isiZulu and Afrikaans – are written in easy and accessible language and narrated by professional voice-over artists. There are also calls for all the frogs, except one – the only voiceless species in the region – while videos for 29 species show these delightful creatures in their natural habitat.

'Quick facts' about the size, egg type, location and conservation status of each species are revealed by toggling between illustrations of the different features on the screen.

The app includes a play section with four games: puzzles, memory card games, an animal naming game and a nature cleanup game.

There are lots of opportunities to tap, toggle, touch and swipe, listen, watch, and learn. Perfect for pre-readers and young learners, the app will keep kids engaged and help them learn about the fascinating creatures that we share our world with.

FEATURES

- Multilingual app in four languages (English, IsiXhosa, IsiZulu and Afrikaans)
- Packed with accurate info written by a frog specialist
- · Tap and listen to text in all four languages
- Ideal learning tool, especially for children learning to read, or learning a second language
- Expands kids' vocabulary in a way that is engaging and relevant to them
- · Record and listen to yourself reading
- Tap to play calls or watch videos
- · Play interactive educational games (with multiple levels of difficulty)
- Fosters a love of nature
- · No collection of personal/location data, in-app purchases, advertising or external website links

YOUTUBE: https://www.youtube.com/channel/UCULXN2Enp3k9CMWfWgL48dw

WEBSITE: www.youngexplorerapp.com











PRAISE FOR SASOL YOUNG EXPLORER – MAMMALS

"My kids really loved it ... fun and easy learning that inspired them to explore further. We really can't wait for more apps in this series to be published."

- Se7en Blog

"This is a brilliant app for kids. It is great for vocabulary stimulation and information building! It kept all three my kids -8, 6 and 3 years - entertained."

- Rabia Mohidien, Speech and Language Therapist

MEDIA & BLOGGERS:

For further information or to request review copies please contact: Joanita Nel jnel@penguinrandomhouse.co.za 011 327 3550



Summer Camp Checklist:

40 things to pack for overnight camp



Personal Care:

- Bug spray
- Sunscreen
- Hairbrush
- Toothbrush + cover
- Toothpaste
- Soap
- Shampoo + conditioner
- Washcloth
- Towel
- Deodorant
- Lip balm
- Feminine hygiene
- Regular medication
- Emergency medication

Optional:

- ☐ Journal
- Pen
- Pre-addressed and stamped envelopes to write home
- Camera

Camping Gear:

- Water bottle
- Sleeping bag
- Twin-sized sheet
- Pillow + pillow case
- Flashlight





LiveBetter



- 10111 is not an enquiry line or chat line.
- A prank call may prevent real emergency calls from reaching 10111. It may even cost lives.
 - It is a criminal offence to make prank and abusive calls to 10111.



